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## ANNOUNCEMENTS

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### El Dia de los Muertos ~ Day of the Dead

Sunday, October 27th ~ 11:00 AM, Sanctuary

Next Sunday, we will celebrate the lives of beloved family and friends who have gone before us, calling out their names to affirm their continuing presence in our lives. You are welcome to bring photographs and other mementos to place on the altar. Children of all ages are invited to wear costumes and take part in the costume parade!

### Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, October 28<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday.

Buddha's Belly meets at 6 PM. We continue our discussion of Pema Chödrön's *The Wisdom of No Escape and the Path of Lovingkindness*. For the next meeting, please read through Chapter 14 (to page 81).

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

### New Member Class

Wednesday, October 29<sup>th</sup>, Spiritual Journey ~ 6:00 PM, Perkins Room  
Sunday, November 2<sup>nd</sup>, Meet ASC ~ 12:30 PM, Clarke Room

All interested newcomers are warmly invited to our next two-session new member class. Rev. Kim joins us for the first session, where we share stories about our spiritual journeys and ask our burning questions. This class is a wonderful opportunity to deepen your relationship and knowledge of Arlington Street, and to discern whether you are ready to join. In our second session, we learn a little of Arlington Street's history, polity, and practices; and meet some of our illustrious leadership and staff. Please sign up at the Welcome Table in the parish hall after the service. All are welcome!

### Fair Trade Holiday Sale!

Sunday, November 2 and Sunday, December 14  
12:00 Noon - 2:00 PM ~ Parish Hall

Just in time for holiday entertaining and gift-giving, our friends from CREA (Center for Reflection, Education, and Action) will be selling fair trade coffee from El Salvador, Guatemala, Haiti, the Congo, and Uganda; various teas, baking cocoa, hot chocolate, olive oil from Palestine, chocolate from Ghana as well as gift products from Guatemala, el Salvador, Haiti, Palestine, and Uganda. By purchasing these products, you make it possible for families to be together, to send their children to school, to have food and a place to live, and to have hope for a sustainable future.

CREA is a faith-based social, economic research, and education center based in Hartford, CT that works on human rights and labor rights in supply chains, systemic analysis, corporate responsibility, fair trade-peace trade, sustainable living wages and income, and

sustainable communities around the world. As part of our commitment to the cooperatives and communities with which we work, and our efforts to work with them to make their communities more sustainable, we have expanded our commitment to assist them in bringing their products to you as part of our Fair Trade-Peace Trade program.

### Want To Showcase Your Crafts at the Holiday Bazaar?

Sundays, December 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> ~ 10:30 -10:45 AM & 12-1:00 PM, Parish Hall

December is around the corner, and it's almost time for our Holiday Bazaar! Each craft table is asked to make a free-will donation to the church from their proceeds. Please let Laura Evonne Steinman know if you would be interested in participating this year (les@ascboston.org).

### Covenant Renewal ~ Have You Pledged Yet?

Along with volunteer service, an annual pledge is an important component of membership at Arlington Street Church. Please fill out a pledge form and place it in the offering basket! Let's give to maintain the glorious building we love, to grow the programs we so enjoy, to support the minister and staff we depend on, and to make real our vision of love, service, justice, and peace in the world!

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#### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to [Comments@ASCBoston.org](mailto:Comments@ASCBoston.org). The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

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#### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

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#### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements *before Tuesday noon* to [print@ascboston.org](mailto:print@ascboston.org). Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

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#### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

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#### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

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Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street  
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM  
Phone: 617-536-7050 • Fax: 617-536-7051  
E-mail: [office@ASCBoston.org](mailto:office@ASCBoston.org) • Web: [www.ASCBoston.org](http://www.ASCBoston.org)

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# INSIDE



## ARLINGTON STREET CHURCH

*NEWS FROM THE SOUL OF SUNDAY*

SUNDAY, OCTOBER 19<sup>TH</sup>, 2014

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## TODAY

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### Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson.

### Bring A Friend Sunday!

Today ~ 11:00 AM, Sanctuary

Welcome friends and families to this Sunday dedicated to sharing the spirit, the joy, and the nourishment of our worship together!

There is a lot going on Today! In addition to our regular events, we hope you enjoy the music of the Unity Singers, and stay for Rev. Jade Angelica's book reading after the service! What a great day to experience Arlington Street! All are welcome!

### Unity Singers

Today ~ 11:00 AM, Sanctuary

Arlington Street Church welcomes a special guest ensemble, the Unity Singers, from the Unity Church-Unitarian in Saint Paul, MN. The Unity Singers is a nineteen voice choir directed by Ruth Palmer. Their vision is to illustrate the human experience through words, harmony and spirit. Today, they sing pieces from three acclaimed Minnesotan composers spanning three generations: Jake Runestad, Elizabeth Alexander, and Dominick Argento. Please welcome these special guests!

### Do You Know the Names of the People Sitting Around You?

Today ~ 12 Noon, Parish Hall

Help us build a tool that will put names with faces. Be a part of our new photo directory program. We need you to make our new album complete. Schedule your photography session today for any of the following dates and times: November 13th (2-9 PM),

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14th (2-9 PM), and 15th (10 AM - 5 PM). Each individual or family will receive a complimentary 8x10 portrait and free directory for participating (additional photographs may be purchased). Schedule your photography session today downstairs in the Parish Hall or at the following link: <http://tinyurl.com/ascboston-photodirectory>

## A Spiritual Journey Through Alzheimer's Disease

Book Reading & Signing with Rev. Dr. Jade Angelica

Today ~ 12:30 PM, Hunnewell Chapel

Please join Rev. Kim in welcoming her beloved colleague, Jade Angelica, whose ground breaking work offers hope, inspiration, and healing through her "Healing Moments Alzheimer's Ministry." ([healingmoments.org](http://healingmoments.org)). Rev. Jade writes, "Our mission is to improve the quality of life for persons with Alzheimer's and dementia, reduce caregiver stress, and inspire a hopeful attitude. Our intent is to help caregivers and communities develop a deeper understanding of these diseases, and nurture the belief that deep, meaningful relationships remain possible throughout all the stages of dementia."

Rev. Jade's new book, both a spiritual memoir and pastoral guide, is entitled *Where Two Worlds Touch*. In it, she shares the reassuring words of someone who has been there and can give advice on preserving connection, finding hope, and staying open to the possibility of grace. To read Rev. Jade's beautiful piece entitled "Acceptance and Gratitude: Transforming Spiritual Practices for Alzheimer's Caregivers," please see [huffingtonpost.com/jade-c-angelica/acceptance-gratitude-tran\\_b\\_5699475.html](http://huffingtonpost.com/jade-c-angelica/acceptance-gratitude-tran_b_5699475.html).

A brief reading will be followed by questions and answers. Books will be for sale at a special price, and Rev. Jade will be happy to sign them for us. All are welcome!

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## THIS WEEK

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### Friday Night Supper: Come Help at our Fall Clothing Closet Reorganization!

Wednesday, October 22, 5:30-8:30 PM, Parish Hall

We need volunteers to help sort donations and to assist with cleaning. Volunteers are also encouraged to collect men's and women's clothing, shoes, and winter essentials to help us prepare for cooler weather!

If you would like to help prep our closet for the Fall and Winter, please email us at [info@fridaynightsupper.org](mailto:info@fridaynightsupper.org).

### Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

*We invite you to cut out this calendar or view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### Sunday, October 19, 2014

9:30 AM Music Rehearsal ~ Sanctuary  
11:00 AM Sunday Morning Worship ~ Sanctuary  
11:00 AM Unity Singers ~ Sanctuary  
11:15 AM Children's Religious Education ~ Perkins, Parish, Stage Right  
12:00 PM Coffee Hour and Lunch ~ Parish Hall  
12:30 PM Rev. Jade Angelica Book Signing ~ Chapel

### Monday, October 20, 2014

10:30 AM Connections Meeting ~ Perkins Room

### Tuesday, October 21, 2014

6:00 PM Prudential Committee Meeting ~ Perkins Room  
7:00 PM Transformation Team ~ Chapel

### Wednesday, October 22, 2014

\*11:30 AM Staff Meeting ~ Perkins Room  
6:00 PM Kundalini Yoga ~ Hunnewell Chapel  
\*6:30 PM Multiculturalism / Anti-Racism Workshop Class ~ Perkins

### Thursday, October 23, 2014

7:00 PM Choir Practice ~ Clarke Room

### Friday, October 24, 2014

5:00 PM Friday Night Supper ~ Parish Hall

### Saturday, October 25, 2014

7:00 PM Laudate Dominum Concert ~ Sanctuary

### Sunday, October 26, 2014

9:30 AM Music Rehearsal ~ Sanctuary  
11:00 AM Sunday Morning Worship ~ Sanctuary  
11:15 AM Children's Religious Education ~ Perkins, Parish, Stage Right  
12:00 PM Coffee Hour and Lunch ~ Parish Hall  
3:00 PM Inside Out Concert ~ Chapel

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

*For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



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## Music

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### Laudate Dominum Concert

Saturday, October 25<sup>th</sup> ~ 7:00 PM, Sanctuary

\$15 for adults, and \$10 for students and seniors

Laudate Dominum presents a concert of beloved masterpieces for soprano, clarinet, organ, and piano. The concert will feature well-known Russian operatic soprano Maria Lyudko, award-winning clarinetist George Devdariani, and Arlington Street's own Yevgenia Semeina-Maroyan on piano and organ. All are welcome!

### Inside Out Concert: Bach! Featuring Violinist Kris Tong

Sunday, October 26<sup>th</sup> ~ 3:00 PM, Chapel, FREE, Donations Gratefully Accepted

Kris Tong, violinist of the Borromeo String Quartet, is returning to Arlington Street Church to continue his series of Bach unaccompanied violin works. He will perform the Sonata No. 3 in C Major, BWV 1005. Last year, Mr. Tong performed the Partita No. 2 in D minor to a standing room only audience.

Eli Epstein, music director of the Inside Out Concert Series, will be the tour guide for this substantial work. The award-winning Inside Out approach helps concertgoers access their memories and activate their imaginations so that they can have more moving, meaningful, and personal experiences with classical music.

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## Save the Date

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### Movie Night! "An Uncommon King"

Thursday, November 6<sup>th</sup> ~ 7:30-9:30 PM, Landmark Kendall Square Cinema, 355 Binney Street, Cambridge ~ Tickets: \$12

This past April, Sakyong Mipham Rinpoche, head of the Shambhala (Tibetan) Buddhist lineage, was our honored guest at Arlington Street. "An Uncommon King" is a new film that tells Rinpoche's story, beginning with the young Tibetan attempting to overcome language, cultural, and personal obstacles to take over from his wild, pioneering father (Trungpa Rinpoche).

An Uncommon King was shot over 17 years in Tibet, India, China, Europe, and North America. Through verité footage, interviews, and archival material, the documentary follows Rinpoche's father's escape over the mountaintops of Tibet, to Sakyong Mipham's birth in a refugee camp in India, growing up in Colorado, moving to Nova Scotia, his father's death, and becoming an "Earth Protector," part of a lineage of spiritual kings. When greed and aggression tip the balance of nature and society, he is called upon to continue his father's work to transmit the antidote: teachings on how to bring about a good human society. This film embraces the universal themes of family, heritage, and cultural survival. Above all, it is a story about human goodness.

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