

- To cultivate participants' knowledge and skills in addressing issues related to race, ethnicity, and cultural identity, both individually and institutionally
- To identify ways congregations can build multiracial/multicultural communities of love and justice

Through this series of interactive workshops, we will explore topics that increase our understanding of race and ethnicity through spiritual reflection, journaling, visual arts, poetry, music, theater tools, simulations, guest speakers, worship, and field trips. Our awareness of, and commitment to, anti-racism and anti-oppression can transform and expand the healing- and justice-centered mission of Arlington Street Church.

Please contact intern ministers Catie Scudera and Ann Clarke with questions or concerns about the program, childcare, accessibility, etc., at CScudera@ASCBoston.org or AClarke@ASCBoston.org.

Lessons of Loss

Sunday, October 28th ~ 1:00 PM, Hunnewell Chapel

Join Rev. Vera O'Brien for an encore offering of this 4-week class beginning on Sunday October 28th. Vera is a chaplain at the Brigham and an affiliated community minister at Arlington Street. Lessons of Loss is designed to help us increase our comfort level talking about loss, to help us assess our reactions to our own losses, and to consider Unitarian Universalist responses to loss. Participants in the past have found the class to be transformative. This is not a bereavement support group, although there will be opportunities to share personal stories. The class is limited to 10 participants, and a sign up sheet is available at the Welcome Table. If you have questions, feel free to contact Vera through the church office at 617-536-7050 or office@ascboston.org.

Symphonic Relief for Haiti II

Sunday, November 4th ~ 3:00 PM, Sanctuary

Arlington Street Church is honored to host the Longwood Symphony Orchestra's Symphonic Relief for Haiti II, a concert to raise much-needed funds to complete the construction of the Center for Excellence in Rehabilitation and Education (CERE), the rehabilitation clinic of Partners In Health in Haiti.

The concert will open with a performance of Vivaldi's Four Seasons, featuring four violinists with ties to Haiti and/or arts and rehabilitation. Venezuelan clarinetist Jorge Montilla will also perform the Boston premiere of Concertino for Clarinet and Strings by Haitian-American composer/conductor Julio Racine, founder of the Haiti Philharmonic Orchestra. The concert will conclude with Mendelssohn's String Symphony No. 9 in C.

Admission is by donation. A reception will follow. All are welcome!

continued on next page...

ANNOUNCEMENTS

What Can UUs Do About Rights for Israel & Palestine?

Saturday, October 27th ~ 10:00 - 3:00 PM, First Parish Church, Bedford MA

A network of Unitarian Universalists (UUs) concerned about justice and human rights for the people of Israel and Palestine invite you to meet with us for a day of exploration of the issues and ways to address these issues within our congregations and the wider community. The keynote speaker is Jill Baker, a UU member from Ann Arbor MI, who won a UU sermon contest on the topic. A donation of \$10-\$20 would be appreciated, and lunch will be provided. Please RSVP to UUIPNetwork@gmail.com. All are welcome!

Keep Immigrant Families Together

Sunday, November 4th ~ 2:00 PM, 20 Bradston Street, Boston

Come to a prayer vigil for immigrant detainees to help stop the raids and deportations and keep immigrant families together.

Arlington Street will organize a car pool to leave at 1:15 PM for the vigil at the Suffolk County House of Correction. For more information, email socialaction@ascboston.org.

Friday Night Supper Program (FNSP) Invites Volunteers

Friday Night Supper welcomes Arlington Street Church members to volunteer at our program on Fridays from 5:00 - 7:30 PM.

Our Guest Clothing Closet is running extremely low on all MEN's clothing, especially socks and underwear in large sizes. Please contact Amber at info@fridaynightsupper.org for more information about our needs or to arrange a donation delivery. Thank you for supporting FNSP!

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org. Your message will be received by the Church's administrative assistant so it can find its way to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow-up. Thanks! For emergencies, please see "Our Caring Community" to the right.

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, for both congregational usage and rentals, must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday - Friday, 8:00 AM - 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to print@ascboston.org. Phyllis Guiliano (Business Administrator) will receive this email and will compile the announcements for publication. Materials must be legible, signed, and fully composed and may be edited, as space is limited. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street
Boston, Massachusetts 02116-3303

Office Hours: Monday - Friday, 9:00 AM to 5:00 PM
Phone: 617-536-7050 • Fax: 617-536-7051
E-mail: office@ASCBoston.org • Web: www.ASCBoston.org

INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, OCTOBER 14TH, 2012

TODAY

Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson or Sharon Pressly-Fiero through the church at office@ASCBoston.org.

New Member Class

Today, Meet ASC ~ 12:30 PM, Clarke Room

Wednesday, October 17th, *Spiritual Journey* ~ 6:00 PM, Perkins Room

All interested newcomers are warmly invited to our next two-session new member class. In our first session, we learn a little of Arlington Street's (ASC's) history, polity, and practices; and meet some of our illustrious leadership and staff. Rev. Kim joins us for the second session, where we share stories about our spiritual journeys and ask our burning questions. This class is a wonderful opportunity to deepen your relationship and knowledge of Arlington Street, and to discern whether you are ready to join. Please sign up at the Welcome Table in the parish hall after the service. All are welcome!

Alternatives to Violence Project

Today ~ 1:00 PM, Hunnewell Chapel

Have you ever wondered if there's a program to reduce youth violence? A program to reduce all violence in our communities? Want to learn what you can do to stop the violence and murders in our schools and neighborhoods?

Please join us to address these and other questions as you learn about *Alternatives to Violence Project (AVP)*, currently being used in juvenile detention programs, rehab centers, schools, community centers, and prisons in the U.S. and in over 20 other countries. AVP has been effective in dealing with the conflicts in both Rwanda

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and Attica. The program uses experiential exercises to understand our own, and other people's, acts of anger and revenge. It's an energizing, provocative and positive experience.

You will be invited to participate in a mini-workshop that will demonstrate the elements of the weekend-long workshop offered in prisons and schools. Learn more at www.avpinternational.org.

Join the Garden Committee

Today ~ 1:00 PM, Sanctuary

We would like to invite anyone interested in gardening to join us for our first Arlington Street Church (ASC) Garden Committee meeting today. We will be making plans for next year's garden and welcome experienced and inexperienced gardeners to help us plan and grow ASC's outdoor spaces. If you are unable to attend today's meeting but want to hear more, please email Erin Frost through the church office at office@ASCBoston.org.

THIS WEEK

English as a Second Language (ESL) for Adults

Monday, Oct. 15th and Wednesday Oct. 17th ~ 10:00 AM, Perkins Room

Learn or improve your English! The class meets twice a week. Students practice speaking, listening, reading, and writing. Topics include general conversation, cooking, and holiday events, as well as grammar and pronunciation. The class is taught by Ann Troise, a member of Arlington Street Church, who has been certified to teach ESL by the Boston Academy of English.

Kundalini Yoga Class

Wednesday, October 17th ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church.

Gatherings for Healing

Thursday, October 18th ~ 6:00 PM, Hunnewell Chapel

Gatherings for Healing will be offered every 1st and 3rd Thursdays of the month, beginning October 18th, from 6:00-7:00 PM. We invite those struggling with illness and disability, and those who are touched by that struggle. Suffering is often isolating. It can leave us feeling overwhelmed and entirely emptied. These gatherings are intended to move us toward a sense of wholeness, and toward feeling more connected with the flow of life. Please come as you are for inspirational readings, contemplative prayer, and chamomile communion.

We are also looking for help to make these gatherings beautiful and meaningful (with music, for example). If you would like to be part of the Healing Team, please contact Lisa Mobayed, our student minister, at LMobayed@ASCBoston.org.

We invite you to cut out this calendar and clip it to your refrigerator or bulletin board or, view the full calendar at ASCBoston.org

This Week

Sunday, October 14, 2012

9:30 AM	Choir Rehearsal ~ Sanctuary
9:30 AM	CRE Committee ~ Perkins Room
9:30 AM	Social Action Committee ~ Smith Room
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Perkins Room
12:00 PM	Coffee Hour & Light Lunch ~ Parish Hall
12:30 PM	New Member Class: Meet ASC ~ Clarke Room
1:00 PM	Alternatives to Violence ~ Hunnewell Chapel
1:00 PM	Garden Committee ~ Sanctuary

Monday, October 15, 2012

10:00 AM	Adult ESL Class ~ Perkins Room
10:30 AM	Connections Group ~ Hunnewell Chapel
6:30 PM	Connections Group ~ Hunnewell Chapel

Tuesday, October 16, 2012

6:00 PM	Prudential Committee ~ Perkins Room
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Wednesday, October 17, 2012

10:00 AM	Adult ESL Class ~ Perkins Room
*3:30 PM	Staff Meeting ~ Perkins Room
6:00 PM	Kundalini Yoga ~ Hunnewell Chapel
6:00 PM	New Member Class: Spiritual Journey ~ Perkins Room
7:30 PM	Connections Facilitators Meeting ~ Hunnewell Chapel

Thursday, October 18, 2012

6:00 PM	Gathering for Healing ~ Hunnewell Chapel
6:30 PM	Citizens United Response Team ~ Perkins Room
7:00 PM	Choir Practice ~ Clarke Room
8:00 PM	Connections Group ~ Hunnewell Chapel

Friday, October 19, 2012

5:00 PM	Friday Night Supper ~ Parish Hall
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Saturday, October 20, 2012

5:00 PM	Game Night Social for All ~ Parish Hall
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Sunday, October 21, 2012

9:30 AM	Choir Rehearsal ~ Sanctuary
9:30 AM	New Member Breakfast ~ Hunnewell Chapel
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Perkins Room
12:00 PM	Coffee Hour & Light Lunch ~ Parish Hall
12:00 PM	Pru Retreat Follow-Up ~ Hunnewell Chapel
12:30 PM	Connections Group ~ Clarke Room
12:30 PM	Membership Intensive ~ Stage Right Room

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation. For complete, up-to-date calendar listings over the coming months, visit the website.

For more information, please visit www.ASCBoston.org



ARLINGTON
STREET CHURCH
Unitarian Universalist

Citizens United Response Team

Thursday, October 18th ~ 6:30 PM, Perkins Room

In three weeks, thirty percent of Massachusetts' districts will vote on the "Democracy Amendment," which states that:

1. Corporations do not have the same constitutional rights as human beings.
2. Congress and the States may limit political spending.

Please come to the meeting to learn about ways you can help, such as handing out information and speaking with voters prior to the election and on election day at the polls. There is more information about the issue and how to take action, including posting yard signs, at www.democracyamendmentmass.org.

Game Night Social for All!

Saturday, October 20th ~ 5:00-10:00 PM, Parish Hall

Everyone is invited to a fun, relaxing evening of games in the parish hall! Join the Young Adults to play a few rounds of cards, a board game or two, or maybe charades.

Come for all, or any part, of the evening (and consider bringing friends, games, and snacks!). All are welcome!

SAVE THE DATE

Membership Intensive: Sharing Our UU Faith

Sunday, October 21st ~ 12:30 PM, Stage Right Room

How do we talk to our friends, neighbors, and coworkers about church? Let's come together for a focused discussion of how we can share the good news of our spiritual community with confidence, passion and persuasion.

Prudential Retreat Follow-Up

Sunday, October 21st ~ 12:00 PM, Hunnewell Chapel

On September 23rd, the Prudential Committee (Pru) attended a "Gathering of Boards" workshop hosted by the Clara Barton and Massachusetts Bay Districts. Come learn what insights were obtained as we reflected on how Unitarian Universalist values influence our decision making, how we will measure our success this church year, and the next steps for our congregation.

Building the World We Dream About

Wednesday, October 24th ~ 6:30 PM, Perkins Room

We are beginning our journey toward Arlington Street Church being a more inclusive and multicultural community of faith. Using the 24-workshops program, *Building the World We Dream About*, we hope to empower ourselves to become more welcoming of racial, ethnic, and cultural diversity, and to dismantle racism and oppression in our congregation and in the broader community.

Subsequent meetings this fall are on November 14th & 28th, and December 12th.

The program's goals are:

- To promote a multicultural welcome, inclusion, and affirmation in all facets of Unitarian Universalist congregational life

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