

Arlington Street Church, *Unitarian Universalist*

Boston, Massachusetts

SUNDAY, SEPTEMBER 22ND, 2019

You are invited to share your sorrows and joys with the congregation by filling out a Candle Card in the back pew on the right-hand side of the sanctuary. Candle Cards are collected until the end of Greetings.

PRELUDE

Prelude and Fugue in E-flat minor BWV 853 ... *J. S. Bach* (1685 - 1750)
from *The Well-Tempered Clavier*
Yulia Yun, piano

INTROIT

Hear Me text: *Jean Horneck*
music: *Théodore Dubois* (1837 - 1924)

Make my eyes to see clearly.
Let my heart not cease to wonder.
Toward the light of truth, lead me.
Thru my soul let courage thunder.
And my soul, be it near thee,
Learning the ways of compassion,
God of Eye and Heart, hear me..

WELCOME, CHALICE LIGHTING, AND GREETINGS

The flaming chalice is the symbol of our free faith.

***HYMN 1008**

When Our Heart is in a Holy Place

Chorus: When our heart is in a holy place, When our heart is in a holy place, We are bless'd with love and amazing grace, When our heart is in a holy place.

1. When we trust the wisdom in each of us, Ev'ry color ev'ry creed and kind, And we see our faces in each other's eyes, Then our heart is in a holy place.

2. When we tell our story from deep inside, And we listen with a loving mind, And we hear our voices in each other's words, Then our heart is in a holy place.

3. When we share the silence of sacred space, And the God of our Heart stirs within, And we feel the power of each other's faith, Then our heart is in a holy place.

COMMUNITY CANDLES OF SORROW & JOY

Sanctuary *John W. Thompson* and *Randy Scruggs* (b. 1953)
adaptation: *Crawford Harvie/Buckles*
arrangement: *Mark David Buckles* (b. 1980)

Open my heart to be a sanctuary
All made holy, loved and true
With thanksgiving, I'll be a living
Sanctuary for you

AFFIRMATION AND COVENANT

Love is the spirit
of this congregation,
And service is our gift.
This is our great covenant:
To dwell together in peace,
To speak our truths in love,
And to help one another.

El amor es el espíritu
de nuestra congregación
Y el servicio es nuestro regalo.
Esto es a lo que nos comprometemos:
Convivir en paz,
Hablar nuestras verdades con amor,
Y ayudarnos los unos a los otros.

***HYMN**

Filled with Loving Kindness text: *Traditional Buddhist Meditation*
melody: *Anonymous*
harmonization: *Mark David Buckles* (b. 1980)

May I be filled with loving kindness. May I be well.
May I be peaceful, and at ease, and may I be happy.
May you...
May we...
May all...

SERMON

To See and Be Seen Rev. Kim K. Crawford Harvie

SILENT REFLECTION, MEDITATION, AND PRAYER

ANTHEM

Reach Out and Touch (Somebody's Hand)
Nickolas Ashford (1941 - 2011) and *Valerie Simpson* (b. 1946)
choral arrangement: *Mac Huff* (b. 1955)

Daniel Rosensweig, tenor
Ann-Marie Iacoviello, soprano

Chorus

Reach out and touch
Somebody's hand
Make this world a better place
If you can

Take a little time out of your busy day
To give encouragement
To someone who's lost the way
Or would I be talking to a stone
If I asked you
To share a problem that's not your own
We can change things if we start giving

Chorus

If you see an old friend on the street
And he's down
Remember his shoes could fit your feet
Try a little kindness you'll see
It's something that comes very naturally
We can change things if we start giving

Chorus

**You are invited to stand as you are willing and able.*

OUR SHARED RESPONSIBILITY Art Nava

During the offertory, you are invited to open your heart and engage in the spiritual practice of generosity. For 290 years, the abundant support of our community has allowed Arlington Street Church to remain a beacon for liberal religious values in downtown Boston. Your gifts in the Sunday plate sustain both the church and the larger community – half of the unpledged offering is shared with a partner



in our mission of love, service, justice, and peace. As a convenient option, you may text the word GIVE to (617) 300-0509 (all texted gifts support church operations) or scan the QR code. *Thank you for your stewardship and support!*

OFFERTORY

Desh *Indian Raga*
choral arrangement: *Ethan Sperry* (b. 1971)
(*A note on Desh is on the back*)

PARISH HIGHLIGHTS

*HYMN

Put a Little Love in Your Heart *Jackie DeShannon* (b. 1941)
arrangement: *Mark David Buckles* (b. 1980)

Think of your fellow man
Lend him a helping hand
Put a little love in your heart
You see it's getting late
Oh, please don't hesitate
Put a little love in your heart
And the world will be a better place
And the world will be a better place
For you and me, just wait and see
Another day goes by
And still the children cry
Put a little love in your heart
If you want the world to know
We won't let hatred grow
Put a little love in your heart
And the world will be a better place
And the world will be a better place
For you and me, just wait and see
Just wait and see
Take a good look around
And if you're lookin' down
Put a little love in your heart
And I hope when you decide
Kindness will be your guide
Put a little love in your heart

***BENEDICTION AND EXTINGUISHING THE CHALICE**

***RECESSIONAL** (*sung twice; please join in!*)

Where You Go (I Will Go) *Shoshana Jedwab* (b. 1964)
choral arrangement: *Mark David Buckles* (b. 1980)

Where you go I will go, beloved
Where you go I will go
Where you go I will go, beloved
Where you go I will go
For your people are my people
Your people are mine
Your people are my people
Your divine, my divine

POSTLUDE

Étude Op. 25, No. 6 in G# minor *Frédéric Chopin* (1810 - 1849)
Yulia Yun, piano

Welcome, Families!

If you have arrived with a baby or small child who becomes restless, there's a nursery/playroom with the service piped in for your listening pleasure. Go through the leather door to the right of the pulpit and cross through the chapel. The nursery will be on your left before the stairs.

September Share the Plate: PetPals

PetPals are canine and feline volunteers (and their human companions) who visit elderly residents in long-term care facilities. PetPals volunteers are screened, trained, and matched with one of 36 sites in metro Boston. These teams bring the “healing power of pets” to over 650 elders every week. Numerous studies have shown that pet visitation programs increase social interaction among nursing home residents, reduce agitation in Alzheimer’s patients, and ease the pervasive loneliness that often occurs in long-term care facilities. The wagging tails of the dogs and the purring of the cats bring smiles and laughter to the faces of nursing home residents. For more information or to become a volunteer, please speak with Art Nava or visit fw4elders.org/our-programs/petpals. *Thank you for your generosity!*

Service is Our Gift

Candles Coordinator, *Lucy Humphrey*
Candles Chaplain, *Art Judge*
Lead Greeter, *Rachel Corey*
Lead Usher, *Philip Roberts*
Worship Coordinator, *Ali Jablonski*
Assistant Treasurer, *Dawn Bellamo*

A Note on Today's Offertory

India has a rich and deep musical tradition dating back thousands of years.

Like the West, India has a large and structured set of music schools and conservatories where students are trained to be virtuoso musicians beginning at a very early age. But unlike Western schooling, which is based on learning to read and interpret written sheet music, Indian musical instruction is based almost exclusively on aural tradition and improvisation.

Most Indian ensemble consists of one or two percussionists to provide the rhythm, which is superimposed over a shruti box that drones the root and fifth of the scale for the duration of the piece. Indian music is based on the melody creating and resolving dissonance with this drone rather than on functional harmony. The melodic players or singers either perform in unison or alternate, often imitating each other—they rarely create harmony or polyphony. This arrangement attempts to reproduce these traditional sounds (drone, drums, and melody) using only the human voice.

Harmonic overtone singing is partially used to emulate the shruti box. Several times, the choir chants “percussion solos” using sollakattu or rhythmic solfege. Whereas Western music uses syllables (Do, Re, Mi) to understand pitch, Indian music uses syllables to understand rhythmic patterns. It is common to hear percussionists speak a rhythm in syllables and then play the same rhythm on the drum as an echo.

The term raga generally refers to the specific scale upon which a piece of Indian music is based. There are well over 400 specific ragas which have been defined and named in the classical Indian tradition. Some are seven notes ascending and the same seven notes descending like Western scales, but others contain more or fewer notes with a variety of chromaticism, and others have different patterns in which the melody ascends or descends.

In most cases, a raga consists of an improvised introductory section or allap, which is slow and introduces the notes of the scale. This is usually followed by a faster section based upon the notes of the raga. Desh is one of the simplest and most beautiful ragas, identical to the major scale when ascending and lowering the seventh scale degree when descending.

This arrangement's allap is a lullaby where the word “mola” or “sleep” is chanted in a seven beat rhythmic cycle. The melody then moves into a faster cycle in cut time as the piece gradually evolves from a meditation into a frenzied—and finally ecstatic—experience.

-Ethan Sperry and Mark David Buckles