

Meditation in Everyday Life

Mondays, September 28th - October 26th ~ 6:00-8:00 PM, Hunnewell Chapel

By making a deep connection to the present moment and understanding our mind through the practice of meditation, we can learn to finally make friends with ourselves.

Meditation in Everyday Life is a 5-week course that teaches mindfulness meditation and shows us how this practice can improve our daily lives in the most practical sense. We experience what happens when we stop avoiding ourselves and the present moment and practice simply being with whatever is going on in our lives. We learn to cultivate courage and stability in the daily complexities of jobs, responsibilities, relationships, and the everyday desires, concerns and uncertainties we all face.

Animal Issues Group

Do you believe in kindness toward animals, yet are uneasy about the ways animals are treated in today's world? Have you considered switching to a plant based diet, but making changes seems overwhelming? Do you feel compassion for others should be as inclusive as possible? If you would like to see animal issues as part of our social action initiatives, please email the social action committee at socialaction@ASCBoston.org, and place "animal issues" in the subject line. We can discuss how to make changes in our daily lives, support the national Unitarian Universalist Animal Ministry, and educate interested members of our congregation about living more mercifully, healthfully, and sustainably.

Elizabeth (Dinny) Fletcher is a lifelong animal lover, and current board member of the Boston Vegetarian Society. She also volunteers for the Massachusetts Animal Rights Coalition (MARC). Dinny would welcome any level of participation or discussion of animal issues.



OUR UNITARIAN UNIVERSALIST FAITH

Arlington Street Church is an historic congregation (1729) with a progressive faith. Long on the cutting edge of movements for social justice, we affirm the inherent worth and dignity of every being. All are welcome!

CONGREGATIONAL LEADERSHIP

The Prudential Committee is the elected governing board of Arlington Street Church.

THE PRU MEMBERS ARE:

*Tina Rose (chair) / Mary Marcel (vice chair)
Rick Cresta / Alex Frost / Connie Scanlon
Dave Erbe / Eve Lauria / Kerry Marshall /
Thomas Simers*

OFFICERS OF THE CORPORATION ARE:

*Susie Nacco (treasurer) / Tori Bell & Desmond
Ravenstone (co-moderators) / Doc Kinne (clerk)
Thomas Simers (assistant clerk)*

SPECIAL CONSIDERATIONS FOR SPECIAL NEEDS

FM amplification headsets are available from the ushers. Please do not remove them from the sanctuary. **Accessible** entry is via the ramp on the Arlington Street alley at the right-hand side of the front doors to the Church. **Braille** hymnals are available! Please ask an usher for assistance.

CHILDREN'S PROGRAMMING

Children's Religious Education begins every Sunday in the sanctuary. Children are sung out near the beginning of the service and gather downstairs for CRE. Children rejoin their families in the sanctuary to end the service. Just off the Hunnewell Chapel is a nursery for fussy babies and their caregivers. The service is piped in, and a rocker, changing table and supplies are available. For information about our CRE program, please contact the church office or see our religious educator.

ALLELUIA!

At Arlington Street Church, we raise a hand and circle two fingers above our heads to signal joyous affirmation.

PARKING AT ARLINGTON STREET CHURCH

Parking on Sundays is available at the Back Bay Garage for a discount. Discount coupons are available at the Welcome Table after worship. Additional parking may be available on Arlington Street past "The Castle."

Staff Directory

Ministers

Rev. Kim K. Crawford Harvie, Sr. Minister
Office@ASCBoston.org, ext. 10
Rev. George G. Whitehouse, Minister at Large
GWhitehouse@ASCBoston.org, ext. 10

Music

Mark David Buckles, Director of Music
MBuckles@ASCBoston.org
Yevgenia Semeina-Maroyan
Organist and Pianist
Office@ASCBoston.org, ext 10

Choir Section Leaders

Julie Gregorio, soprano
Glorivy Arroyo, mezzo soprano
Daniel Rosensweig, tenor
Justin Hicks, bass

Children's Religious Education

Laura Evonne Steinman, Religious Educator
& Artist in Residence, LES@ASCBoston.org
Erica Long, CRE Assistant
ELong@ASCBoston.org

Inside, OOS & Web

Laurinda O'Connor
Publications@ASCBoston.org
Jeffrey Bouchard, Congregational Administrator
JBouchard@ASCBoston.org, ext. 14

Brad Nobles, Sexton

JBouchard@ASCBoston.org, ext. 17

PLEASE SILENCE YOUR CELL PHONE. THANK YOU!

Service is Our Gift

Guest Speaker, *Thomas A Simers*
Worship Coordinator, *Desmond Ravenstone*
Candles Coordinator, *Art Nava*
Lead Greeter, *Jenn Britt*
Lead Usher, *Ellen Spencer*
Assistant Treasurers, *Ellen Spencer and Carol Fisher*



ARLINGTON STREET CHURCH

Unitarian Universalist

SUNDAY, AUGUST 16TH, 2015

Welcome to Summer Services

**You are invited to stand as you are willing and able.*

PRELUDE

Vesper Voluntary, Op. 14: Introduction and Allegro
Edward Elgar (1857-1934)
Tyler Turner, organ

CHALICE LIGHTING

Reading 429, "Come into this place..." *William F. Schulz*
The flaming chalice is the symbol of our free faith.

WELCOME AND GREETINGS

*HYMN 361

Enter, Rejoice, and Come In

COMMUNITY CANDLES OF SORROW & JOY

You are invited to share your sorrows and joys with the congregation by filling out a Candle Card in the back pew on the right-hand side of the sanctuary. Candle Cards are collected until the beginning of the first hymn. After the service, Candle Cards are posted downstairs during coffee hour. You may also submit a candle by Saturday night at the church website, ASCBoston.org, by clicking on "Worship."

Spirit of Life (Hymn 123)

Spirit of Life, come unto me.	Fuente de Amor, ven hacia mí.
Sing in my heart all the stirrings of compassion.	Y al corazón, cántale tu compasión.
Blow in the wind, rise in the sea;	Sopla al volar, sube en la mar;
Move in the hand, giving life the shape of justice.	Hasta moldear la justicia de la vida
Roots hold me close; wings set me free;	Arráigame, libérame,
Spirit of Life, come to me, come to me.	Fuente de Amor, ven a mí, ven a mí.

AFFIRMATION AND COVENANT

*Love is the spirit
of this congregation,
And service is our gift.
This is our great covenant:
To dwell together in peace,
To speak our truths in love,
And to help one another.*

*El amor es el espíritu
de nuestra congregación
Y el servicio es nuestro regalo.
Esto es a lo que nos comprometemos:
Convivir en paz,
Hablar nuestras verdades con amor,
Y ayudarnos los unos a los otros.*

*HYMN 194

Faith is a Forest

SERMON

Neighbor + Self *Thomas A. Simers*

SILENT REFLECTION, MEDITATION, AND PRAYER

OUR SHARED RESPONSIBILITY

Over 300 pledging members and friends support the work of Arlington Street Church with commitments averaging \$20 a week plus volunteer service. Whatever you give is greatly appreciated. Please consider a generous donation today! Contributions placed in an envelope will be credited toward your pledge.

OFFERTORY

Vesper Voluntary, Op. 14: Moderato *Edward Elgar* (1857-1934)
Tyler Turner, organ

PARISH HIGHLIGHTS

*HYMN 134

Our World is One World

*BENEDICTION AND EXTINGUISHING THE CHALICE

CHORAL BENEDICTION

POSTLUDE

Vesper Voluntary, Op. 14: Poco Allegro and Finale
Edward Elgar (1857-1934)
Tyler Turner, organ

INSIDE



ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, AUGUST 16TH, 2015

All Are Welcome

We are glad you have joined us this morning for worship!

This morning, we invite you to:

- * Fill in the Welcome Card and place it in the collection plate;
- * Join us for coffee and a light lunch in the Parish Hall;
- * Introduce yourself to the service leaders, and;
- * Please come back again soon!

Today's Speaker

Thomas A. Simers joined Arlington Street Church in January 2012. This fall, he will begin his second year in the Master of Divinity program at Andover Newton Theological School. Thomas was born on a small farm in southeastern Ohio where he was raised without religious affiliation. He discovered Unitarian Universalism in 2002 while a student at Marietta College (Marietta, Ohio).

Speaking on Sunday, August 23rd

Holding Hands ~ Liz Weber

SUMMER WORSHIP HIGHLIGHTS

Summertime at Arlington Street

Every Sunday through Labor Day, a different member of the Arlington Street community will be preaching, while Rev. Kim, Mark, and Laura Evonne are away on summer break. Should you need a minister over the summer, please call the church office at 617-536-7050. The admin staff is always here for you; Jeffrey, and Brad are glad to help! Happy summer, one and all!

During summer, life at Arlington Street Church slows down and *Inside Arlington Street Church* is published in this leaner format. Until Homecoming Sunday Service on September 13th, the best way to stay informed on all of the church's activities is to visit our website, ASCBoston.org and click on "Calendar." Jeff Bouchard, our facilities manager, keeps it current.

Childcare during Summer Worship Services

The formal CRE program begins again on Sunday, September 13th. This summer, Arlington Street youth and adult volunteers will be here to care for elementary-aged children during the service. Please meet them at the back of the sanctuary before the service begins.

We ask that older children stay with their families in the service. Very young children can either stay in the service or use the nursery where the service piped in.

Social Hour and Lunch

Immediately following the service in the Parish Hall

The Sandwich Board continues to serve lunch all summer long, featuring cold soups, sandwiches, salads, watermelon and other seasonal items. Volunteers to help with food preparation and, especially, clean-up, are always encouraged to stop by the kitchen on Sunday or contact Jon Ellertson.

Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

Join the Arlington Street Choir!

Every Thursday starting September 10th ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life! Musicians and non-musicians are welcome—we are a mix of professionals and amateurs. All are welcome!

Children's Religious Education Wants You!

Would you enjoy assisting behind the scenes, sharing a story or your spiritual practice, going on a field trip, leading a sex ed class, holding babies, building with legos, or digging in the dirt? If the answer is yes, please contact Laura or Erica after Labor Day for more information at CRE@ASCBoston.org.

Join the Social Action Committee in the Fall

Join the committee and bring a social action topic that concerns you: voting rights, climate change, economic inequality, gun violence, Citizens United, homelessness, etc. The committee will support you! In September, the committee resumes meeting on the second Sunday of each month at 9:30 AM. For more information, contact Art Judge at socialaction@ASCBoston.org. "The service begins when the service ends."

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Arlington Street Church, *Unitarian Universalist*
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Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM

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