

**Arlington Street Church, Unitarian Universalist**

Boston, Massachusetts

<https://mit.zoom.us/j/265740376> (video)

or (646) 558-8656 (phone) [Meeting ID is 265 740 376]

SUNDAY, MARCH 29<sup>TH</sup>, 2020

**PRELUDE**

Improvisation

Mark David Buckles, Director of Music

**WELCOME AND GREETINGS**

Rev. Kim K. Crawford Harvie, Senior Minister and

Rev. Beth Robbins, Executive Minister

**CHALICE LIGHTING**

*The flaming chalice is the symbol of our free faith.*

**HYMN 100**

Peace Like a River ..... *Marvin V. Frey* (1918 – 1992)

1. I've got peace like a river, I've got peace like a river,  
I've got peace like a river in my soul.
2. I've got joy like a fountain...
3. I've got love like an ocean...
4. I've got pain like an arrow...
5. I've got tears like the raindrops...
6. I've got strength like a mountain...
7. I've got peace like a river...

**COMMUNITY CANDLES OF SORROW & JOY**

Sanctuary ..... *John W. Thompson* and *Randy Scruggs* (b. 1953)  
adaptation: *Crawford Harvie/Buckles*  
arrangement: *Mark David Buckles* (b. 1980)

Open my heart to be a sanctuary  
All made holy, loved and true  
With thanksgiving, I'll be a living  
Sanctuary for you

Hana Omori, soprano

*To have your candle of sorrow or joy read during the service, please submit it in advance [here](#). During the service, participants are also invited to share sorrows and joys live in the chat.*

## **AFFIRMATION AND COVENANT**

Love is the spirit  
of this congregation,  
And service is our gift.  
This is our great covenant:  
To dwell together in peace,  
To speak our truths in love,  
And to help one another.

El amor es el espíritu  
de nuestra congregación  
Y el servicio es nuestro regalo.  
Esto es a lo que nos comprometemos:  
Convivir en paz,  
Hablar nuestras verdades con amor,  
Y ayudarnos los unos a los otros.

## **HYMN**

Meditation on Breathing ..... *Sarah Dan Jones* (b. 1962)

Breathe in, breathe out  
Breathe in, breathe out

When I breathe in, I'll breathe in peace  
When I breathe in, I'll breathe out love

## **SERMON**

You Are Not Alone ..... Rev. Kim K. Crawford Harvie

## **SILENT REFLECTION, MEDITATION, AND PRAYER**

## **ANTHEM**

Heavy ..... *Birdtalker*

Mark David Buckles, Director of Music

If you're lost and you're lonely  
Go and figure out why  
Take a trip to your dark side  
Go on and have a good cry  
Cause we're all lonely  
We're all lonely together

I want to see your sadness  
I want to share your sin  
I want to be your blood  
And want to be let in  
Don't you just,  
Don't we all just  
Want to be together

### **Chorus**

*Leave what's heavy  
What's heavy behind  
Leave what's heavy  
What's heavy behind*

If your face is down  
Take a look around  
Do your fingers move?  
Do your lungs inflate?  
Are you tired are you weary  
Of the hidden hate you've been holding?  
Did you lose that love?  
Or have you never had it?  
Are you feeling sad cause you did a bad thing?

**Chorus**

*Leave what's heavy  
What's heavy behind  
Leave what's heavy  
What's heavy behind*

Are you feeling fearful, darling?  
Are you feeling fearful, family?  
Only way to lose that fearful feeling  
Replace it with love that's healing

**Chorus**

*Leave what's heavy  
What's heavy behind  
Leave what's heavy  
What's heavy behind*

**OUR SHARED RESPONSIBILITY DURING COVID-19**

Friends, these are extraordinary times that call for extraordinary generosity. Many income-generating events and rentals have had to be cancelled or postponed, putting a huge strain on the budget. **Our ministers and staff are continuing to work; our goal is to continue to pay them.** You can text the word GIVE to (617) 300-0509 or scan the QR code to give any amount you'd like. Even more helpful for cash flow would be to set up [automatic payments](#)



via bank transfer or credit card. Our treasurer, Liz Teixeira, (treasurer@ascboston.org) would be happy and grateful to assist you with this process! In addition, please consider making an extra gift to sustain Arlington Street. Together though apart, we can thrive! ***Thank you for your devotion and support!***

**OFFERTORY**

Improvisation  
Mark David Buckles, piano

**PARISH HIGHLIGHTS**

## **HYMN**

Why Worry? ..... *Anonymous*

lyrics adapted: *Sara Krakauer and Mark David Buckles*

Why, why worry when you can sing?  
Why, why worry when you can sing?  
Sing cause we can't know  
Sing for us and for others  
Sing cause we can't know  
Sing cause it will be beautiful  
Why, why worry when you can sing?

## **BENEDICTION**

*For our benediction, you are invited to put your hands over your heart in Namaste —*

I bow to the Divine in You.

## **POSTLUDE**

Where You Go (I Will Go) ..... *Shoshana Jedwab (b. 1964)*

arrangement: *Mark David Buckles (b. 1980)*

Where you go I will go, beloved  
Where you go I will go  
Where you go I will go, beloved  
Where you go I will go  
For your people are my people  
Your people are mine  
Your people are my people  
Your divine, my divine

Need help? The Tech Team will be monitoring Arlington Street's Facebook page on Sunday morning. If you need assistance, please post a comment to [www.facebook.com/ArlingtonStreetChurch](http://www.facebook.com/ArlingtonStreetChurch), send a Facebook message, or email [Outreach@ASCBoston.org](mailto:Outreach@ASCBoston.org).

