

Arlington Street Church, *Unitarian Universalist*

Boston, Massachusetts

<https://zoom.us/j/8958866876> (video)

or (929) 436-2866 (phone)

[Meeting ID is 895 886 6876]

SUNDAY, JANUARY 30, 2022

PRELUDE

Songs without Words Op. 19, No. 4 *Felix Mendelssohn* (1809-1847)

Meditation No. 3 *John Kramer* (1942-2004)

The Water is Wide *Scottish Folk Song*

Always *Irving Berlin* (1907-1971)

Cheng Cheng, piano

WELCOME AND CHALICE LIGHTING

Rev. Kim K. Crawford Harvie, Senior Minister

The flaming chalice is the symbol of our free faith.

INTROIT

Filled with Loving Kindness music: *Ian W. Riddell* (b. 1961)

arrangement: *Mark David Buckles* (b. 1980)

text: *Traditional Buddhist Meditation*

adaptation: *Mark W. Hayes* (b. 1953)

Natalia St Jean, soprano

Bek Zehr, mezzo soprano

Daniel Rosensweig, tenor

Andrew Stack, baritone

May I be filled with loving kindness. May I be well.

May you be filled with loving kindness. May you be well.

May you be peaceful, and at ease. May you be whole.

May we be filled with loving kindness. May we be well.

May we be filled with loving kindness. May we be well.

May we be peaceful, and at ease. May we be whole.

GREETINGS John Markham O'Connor, Worship Coordinator

*HYMN 1008

When Our Heart Is in a Holy Place text and music: *Joyce Poley* (b. 1941)

arrangement: *Mark David Buckles* (b. 1980)

When our heart is in a holy place

When our heart is in a holy place

We are blessed with love

And amazing grace

When our heart is in a holy place.

When we trust the wisdom in each of us,
Every color, every creed and kind,
And we see our faces in each other's eyes,
Then our heart is in a holy place.

When our heart is in a holy place,
When our heart is in a holy place
We are blessed with love and amazing grace,
When our heart is in a holy place.

When we tell our story from deep inside,
And we listen with a loving mind,
And we hear our voices in each other's words,
Then our heart is in a holy place.

When our heart is in a holy place,
When our heart is in a holy place
We are blessed with love and amazing grace,
When our heart is in a holy place.

When we share the silence of sacred space,
And the G*d of our heart stirs within,
And we hear our voices in each other's words,
Then our heart is in a holy place.

When our heart is in a holy place,
When our heart is in a holy place
We are blessed with love and amazing grace,
When our heart is in a holy place.

When our heart is in a holy place.

COMMUNITY CANDLES OF SORROW & JOY

Sanctuary *John W. Thompson and Randy Scruggs (b. 1953)*
adaptation: *Crawford Harvie/Buckles*
arrangement: *Mark David Buckles (b. 1980)*

Open my heart to be a sanctuary
All made holy, loved and true
With thanksgiving, I'll be a living
Sanctuary for you

*To have your candle of sorrow or joy read during the service, please submit it
in advance [here](#). During the service, candles are welcome in the Zoom chat.*

AFFIRMATION AND COVENANT

Love is the spirit
of this congregation,
And service is our gift.

This is our great covenant:
To dwell together in peace,
To speak our truths in love,
And to help one another.

El amor es el espíritu
de nuestra congregación
Y el servicio es nuestro regalo.
Esto es a lo que nos comprometemos:
Convivir en paz,
Hablar nuestras verdades con amor,
Y ayudarnos los unos a los otros.

***HYMN 86**

Blessed Spirit of My Life text and music: *Shelley Jackson Denham* (1950-2013)

Blessed Spirit of my life, give me strength through stress and strife
Help me live with dignity; let me know serenity
Fill me with a vision, clear my mind of fear and confusion
When my thoughts flow restlessly, let peace find a home in me

Spirit of great mystery, hear the still, small voice in me
Help me live my wordless creed as I comfort those in need
Fill me with compassion, be the source of my intuition
Then, when life is done for me, let love be my legacy

SERMON

Turning Arrows into Flowers Rev. Kim K. Crawford Harvie

SILENT REFLECTION, MEDITATION, AND PRAYER

ANTHEM

Treat People with Kindness *Harry Styles* (b. 1994), *Jeffrey Bhasker* (b. 1974),
and Ilsey Juber (b. 1986)
arrangement: *Ed Lojeski* (1958-2020)

Natalia St Jean, soprano
Bek Zehr, mezzo soprano
Daniel Rosensweig, tenor
Andrew Stack, baritone

Maybe we can
Find a place to feel good
And we can treat people with kindness
Find a place to feel good

I got a good feeling
I'm just taking it all in
Floating up and dreaming
Droppin' into the deep end

And if we're here long enough
They'll sing a song for us
And we'll belong

Maybe we can
Find a place to feel good
And we can treat people with kindness
Find a place to feel good

Giving second chances
I don't need all the answers
Feeling good in my skin
I just keep on dancing

And if we're here long enough
We'll see it's all for us
And we'll belong

Maybe we can
Find a place to feel good
And we can treat people with kindness
Find a place to feel good

And it's just another day
And it's just another day
If our friends go their own ways, it's okay

Maybe we can
Find a place to feel good
And we can treat people with kindness
Find a place to feel good

All we ever want is automatic all the time
All we ever want is auto all of the time

Maybe we can
Find a place to feel good
And we can treat people with kindness
Find a place to feel good

OUR SHARED RESPONSIBILITY DURING THE GLOBAL PANDEMIC

Friends, these are extraordinary times that call for extraordinary generosity. Many income-generating events and church rentals have had to be cancelled or postponed, putting a huge strain on the church budget. **Our ministers and staff are continuing to work; our goal is to continue to pay them.** You can text the word GIVE to (617) 300-0509 or scan the QR code to give any amount you'd like. Even more helpful for cash flow would be to set up [automatic](#)



[payments](#) via bank transfer or credit card. Our treasurer, Liz Teixeira, (treasurer@ascboston.org) would be happy and grateful to assist you with this process! In addition, please consider making an extra gift to sustain Arlington Street this month. Together though apart, we can thrive!
Thank you for your steadfastness and support!

OFFERTORY

Here Comes a Thought *Jeffrey Liu* (b. 1989), *Aivi Tran* (b. 1986),
from *Steven Universe* *Rebecca Sugar* (b. 1987), and *Steven Velema* (b. 1983)

Natalia St Jean, soprano; Daniel Rosensweig, tenor

Take a moment to think of just
Flexibility, love, and trust
Take a moment to think of just
Flexibility, love, and trust

Here comes a thought
That might alarm you
What someone said
And how it harmed you
Something you did
That failed to be charming
Things that you said are
Suddenly swarming

And oh, you're losing sight, you're losing touch
All these little things seem to matter so much
That they confuse you
That I might lose you

Take a moment, remind yourself to
Take a moment and find yourself
Take a moment to ask yourself if
This is how we fall apart

But it's not, but it's not, but it's not, but it's not, but it's not
It's okay, it's okay, it's okay, it's okay, it's okay
You've got nothing, got nothing, got nothing, got nothing to fear
I'm here, I'm here, I'm here

Here comes a thought
That might alarm me
What someone said
And how it harmed me
Something I did
That failed to be charming
Things that I said are
Suddenly swarming

And oh, I'm losing sight, I'm losing touch
All these little things seem to matter so much
That they confuse me
That I might lose me

Take a moment, remind yourself to
Take a moment and find yourself
Take a moment and ask yourself if
This is how we fall apart

But it's not, but it's not, but it's not, but it's not, but it's not
It's okay, it's okay, it's okay, it's okay, it's okay
I've got nothing, got nothing, got nothing, got nothing to fear
I'm here, I'm here, I'm here

And it was just a thought, just a thought, just a thought, just a thought,
just a thought
It's okay, it's okay, it's okay, it's okay, it's okay
We can watch, we can watch, we can watch, we can watch them go by
From here, from here, from here

Take a moment to think of just
Flexibility, love, and trust
Take a moment to think of just
Flexibility, love, and trust

PARISH HIGHLIGHTS

SHARE THE PLATE: CALL MICHELLE CHARITY

The Call Michelle Charity was established by our own Fran Peterson in memory of her wife, Michelle M. Buteau, who died with Idiopathic Pulmonary Fibrosis

(IPF) in August of 2020. While waiting for a lung transplant at Boston's Brigham and Women's Hospital, Michelle received excellent care. However, Fran carried the burden of paying for gas, parking, food, and, eventually, for housing close to the hospital, as well as the expenses of their home while they were both out of work. The Call Michelle Charity is raising funds to support families whose loved ones are at the Brigham awaiting transplants.



Thank you for your generous support!

***HYMN 162**

Down by the Riverside *African American Spiritual*
(Gonna Lay Down My Sword and Shield)

Mark David Buckles, guitar and vocals
Julie Metcalf, violin

I'm gonna lay down my sword and shield
Down by the riverside
Down by the riverside
Down by the riverside
I'm gonna lay down my sword and shield
Down by the riverside

Gonna study war no more
I ain't gonna study war no more
I ain't gonna study war no more
I ain't gonna study war no more
I ain't gonna study war no more
I ain't gonna study war no more

I'm gonna lay down my burden
Down by the riverside
Down by the riverside
Down by the riverside
I'm gonna lay down my burden
Down by the riverside
Gonna study war no more

I ain't gonna study war no more
I ain't gonna study war no more
I ain't gonna study war no more
I ain't gonna study war no more
I ain't gonna study war no more
I ain't gonna study war no more

BENEDICTION AND EXTINGUISHING THE CHALICE

For our benediction, you are invited to put your hands over your heart in Namaste
I bow to the Divine in You.

RECESSIONAL

Where You Go (I Will Go) *Shoshana Jedwab* (b. 1964)
arrangement: *Mark David Buckles* (b. 1980)

Where you go I will go, beloved
Where you go I will go
Where you go I will go, beloved
Where you go I will go
For your people are my people
Your people are mine
Your people are my people
Your divine, my divine

POSTLUDE

Come Into His Presence *Lynn Baird* (b. 1952)
Cheng Cheng, piano



* Out of respect for Arlington Street Church members and friends who are Jewish, we follow the tradition of not spelling out G*d's name.

Need help? The Tech Team will be monitoring Arlington Street's Facebook page on Sunday morning. If you need assistance, please post a comment to www.facebook.com/ArlingtonStreetChurch, send a Facebook message, or email Outreach@ASCBoston.org.

*This morning's pulpit flowers are a gift from the Richard Mattoli flower fund.
Thank you, Richard!*