

A Sustainable Environment

As we did last year, members of the Social Action Committee and ASC members of Mothers Out Front will be passing along tips about how to take care of the environment. Today's tip again comes from Unitarian minister Everett Edward Hale (1822-1909), whose statue graces the Charles Street entrance to the Public Garden. He said, "I am only one, but I am one. I cannot do everything, but I can do something. I will not let what I cannot do stop what I can do." Think about ways you can support the environment. We must stand up now for future generations!

Looking to Get Involved?

Are you looking for a fun way to offer service and to meet and greet others in our congregation? If so, consider joining the greeters, ushers, or video team who all support the Sunday service! It's great for both newcomers and longtime congregants to get involved. Please see Queen Cheryl, Kevin Tyrrell, or Art Nava, or email ushers@ASCBoston.org.

Visitors Center Is Open for Tours!

Sundays 1:00-4:00 PM and Monday through Saturday from 10:00 AM-3:00 PM (closed Tuesdays)

Greeters Needed This Fall!

Do you want to meet people from all over the world? Would you enjoy sharing the beauty of our Tiffany Windows with others? If so, consider becoming a volunteer greeter with our Visitors Center! Greeters serve as friendly faces at the Arlington Street entrance, welcoming visitors and receiving donations. No experience is necessary, and scheduling is flexible! If you are interested or want to learn more, please contact our Visitor Center executive director, Alissa Butler, at abutler@ascboston.org.

Share your Wedding Pictures with Us!

Did you get married at Arlington Street Church? If so, we'd love to hear from you! We're launching a new weddings website to increase bookings and would love to share your pictures and stories. If you'd like to help, please contact our Visitor Center executive director, Alissa Butler, at abutler@ascboston.org.

ARLINGTON STREET MINISTRIES

Join the Arlington Street Choir

Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life!

Musicians and non-musicians are welcome - we are a mix of professionals and amateurs. We rehearse every Thursday and are always accepting new members. We meet in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at MBuckles@ASCBoston.org.



Arlington Street Church, *Unitarian Universalist*

351 Boylston Street, Boston, Massachusetts 02116-3303

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INSIDE ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, SEPTEMBER 30TH, 2018

*If you are visiting Arlington Street Church
or would like information about Unitarian Universalism,
please visit the Welcome Table in the Parish Hall.*

TODAY

Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! Please visit the Arlington Street Cares Table (on your right as you enter the Parish Hall) to sign cards for those who have shared candles of sorrow and joy with us.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen.

Dear White People

Sunday, September 30th ~ 12:30 PM, Hunnewell Chapel

Come to watch and discuss an episode of the Netflix series "Dear White People," a humorous but serious take on a campus culture war between black and white students at a predominantly white college.

THIS WEEK

Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

Arlington Street's Literary Salon, The Wednesdays: Ovid

Wednesdays, October 3rd and 17th ~ 6:00 - 8:00 PM

The Vendome, 160 Commonwealth Avenue

Ovid's "Metamorphoses" is one of the most influential works in Western culture, having inspired Dante, Boccaccio, Chaucer, and Shakespeare among countless others. In fact, "Metamorphoses" was Shakespeare's favorite book (he read it in Latin), and it's easy to see why. The stories it contains are endlessly fascinating: Zeus transformed into a shower of gold to ravish Danae, Tiresias turned into a woman and then back into a man, Orpheus torn to shreds by furious Maenads. It runs from the creation of the world to

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the death of Julius Caesar, containing over 250 narratives in 15 books. Join Rev. Kim and Professor Alan for three sessions and discover why this is one of the most beloved works in all of world literature. We'll be reading the Rolfe Humphries translation published by Indiana University Press. Amazon has many new copies from \$5.00, & you can find used copies even cheaper. *All are welcome!*

SAVE THE DATE

Arlington Street Circle of Caring

Sundays, October 7th & 21st ~ 12:30 PM, Carol Smith Room

Are you battling illness, struggling with isolation, caring for someone who is sick or dying, or coping with grief after a loss? Please visit the Circle of Caring and join our community of support, peace, healing, and love. Facilitator, Maureen Peterson calls on her significant personal experience to create a safe space for sharing our stories and supporting one another through the crises of life.

Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, October 9th ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

6:00 *Buddha's Belly*: We will continue *Meditation Saved My Life* by Phakyab Rinpoche. Please read through Chapter 3 (all of Part 1). All are welcome!

7:00 *Arlington Street Zen Center*: Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions are warmly welcome.

Corporation Meeting

Sunday, October 14th ~ 11:30 PM, Hunnewell Chapel

- Membership Update ~ Doc Kinne
- The Election of Kevin Tyrrell to the Prudential Committee to complete Ted Rudinsky's term
- Treasurer's Report ~ Liz Teixeira
- Update on Next Steps Strategic Planning ~ Deb Pontes and Joe Alen
- News from the Foundation (Friends of 20 Arlington Street) and update on grants for building renovation ~ Alissa Butler and Polly Latham

It's Now or Never: My Life in the Late Middle Ages

Thursday - Saturday, October 18th - 20th ~ 7:30 PM (8:30 on Friday), Piano Craft Gallery, 793 Tremont Street, Boston

ASC member and Bay Windows columnist Judah Leblang brings "It's Now or Never: My Life in the Late Middle Ages," to Boston's South End. This new show is a humorous look at life past 40, dealing with times when "man planned and God laughed" and the challenges of living a creative life. You can get advance tickets for \$15 at www.judahleblang.com/tickets. Suggested donation at the door: \$18. For more information, call 617-466-9637.

We invite you to cut out this calendar or view the full calendar at ASCBoston.org

This Week

Sunday, September 30, 2018

9:00 AM Family Ministry Committee ~ Perkins Room
*9:30 AM Choir Rehearsal ~ Sanctuary
11:00 AM Sunday Worship Service ~ Blessing of the Animals ~ Sanctuary
12:30 PM Dear White People ~ Hunnewell Chapel

Monday, October 1, 2018

No congregational events are scheduled.

Tuesday, October 2, 2018

6:00 PM Worship Committee ~ Perkins Room
*7:30 PM Spiritual Practice for Professional Caregivers ~ Hunnewell Chapel

Wednesday, October 3, 2018

6:00 PM Kundalini Yoga ~ Hunnewell Chapel
7:00 PM The Wednesdays ~ The Vendome, 160 Commonwealth Ave.

Thursday, October 4, 2018

7:00 PM Choir Practice ~ Clarke Room

Friday, October 5, 2018

5:00 PM Friday Night Supper Program ~ Parish Hall

Saturday, October 6, 2018

No congregational events are scheduled.

Sunday, October 7, 2018

9:00 AM Family Ministry Committee ~ Perkins Room
*9:30 AM Choir Rehearsal ~ Sanctuary
11:00 AM Sunday Worship Service ~ Sanctuary
12:30 PM Arlington Street Circle of Caring ~ Carol Smith Room
3:00 PM Erica Long Ordination ~ Sanctuary

* **Denotes closed meetings.** This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



Morning Light Concert Series

Saturdays, October 20th and November 10th ~ 11:30 AM, Sanctuary

The wonderful Boston Chamber Music Society is back by popular demand! Last season, our audiences included local fans and visitors from all over the world who made a concert at Arlington Street a highlight of their weekend in Boston. We take it for granted that we can see the light coming through our magnificent stained glass windows every Sunday. Now let's share the experience with chamber music lovers! Arlington Street members receive a 20% discount off the ticket price of \$34. Enter discount code "ASC20" during checkout when ordering from www.bostonchambermusic.org, or call the BCMS office at 617.349.0086.



50 After 50

Sunday, October 21st ~ 12:30 PM, Hunnewell Chapel

Come get inspired! Maria Leonard Olsen will share the 50 new actions she took and the rewards she earned from her adventures as she reads from her new book, *50 After 50*. Learn how to accomplish new things, acquire new skills, deepen personal and spiritual relationships, and seek out challenges while adding spice to life. Maria Leonard Olsen is an attorney, women writing/empowerment retreat leader, public speaker, and a cohost of the "Inside Out" radio show on WPFW, FM 89.3, in Washington, D.C. She has written for the Washington Post, Washingtonian, Bethesda Magazine, Parenting, and other publications. Maria also counsels women recovering from addiction and trauma. *All are welcome!*



Song and Story Circle

Sunday, November 4th ~ 12:30 PM, Hunnewell Chapel

Have a song or story in your heart? Come share it at our song circle. If you need inspiration, at least one copy of Pete Seeger's *Rise up Singing* will be provided. Voices and instruments of all skill levels welcome, and just listening is fine too! *All are welcome!*



Intersectional Book Discussion

Monday, November 12th ~ 5:30 PM, Frothingham Library

Join Rev. Kim for the ninth in our series of occasional discussions about books with intersectional themes. For this gathering, we'll be reading *Reading with Patrick* by Michelle Kuo. *All are welcome!*

ANNOUNCEMENTS



Have You Remembered Arlington Street with a Legacy Gift?

If our spiritual home is among the beneficiaries listed in your will, living trust, 401K, etc., the Unitarian Universalist Congregation at Shelter Rock in New York will donate ten percent of the value of your gift to us now! How great is that?! (In case you're wondering, someone left them an oil well!) For more information, please see Rev. Kim, Art Nava, or our treasurer, Liz Teixeira (or write her at treasurer@ASCBoston.org). There's \$1 million in the kitty, but we need to act fast! *Please and thank you!*