
Announcements

Prayer Vigil for Immigrant Detainees

Today ~ 2:00 PM, 20 Bradston Street, Boston

Stop the raids and deportations and keep innocent families together! The Boston New Sanctuary Movement is sponsoring this vigil. We will car pool from Arlington Street Church at 1:15 PM.

Just Coffee—Just for You!

Friends, we have a new supply of Just Coffee! It is available for \$1.2 a pound at the Social Action table after the service. Enjoy 100% organic coffee while helping to support the grower cooperative in Chiapas, Mexico, www.justcoffee.org.

Are You a SnapShot Subscriber?

If you would like the week's news from Arlington Street Church to arrive in your inbox every week, please sign up for our e-newsletter, SnapShot. There's no easier way to stay in touch with all the activities at Arlington Street Church. Register today on the home page of www.ASCBoston.org.

Do You Love To Sing?

Thursdays ~ 7:00 - 9:00 PM, Clarke Room

The Arlington Street Choir is a great place to connect and find spiritual community. Consider taking just a couple of hours out of your week to create something beautiful, while offering service and ministry to those around you.

We rehearse on Thursdays in the Clarke Room on the second floor of the church. Musicians and non-musicians are welcome! If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles, who is available at the front of the sanctuary following the service, or via email at MBuckles@ASCBoston.org.

COVENANT RENEWAL PLEDGE FORM

July 2013 through June 2014

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

I/We commit an annual total pledge of \$ _____ to support the work of Arlington Street Church.

Signature: _____ Date: _____

Signature: _____ Date: _____

Phone: _____ Email: _____

Pledge contributions may be made by cash, check, or credit card.

- If you are paying with cash via the Sunday collection, please mark the envelope with your name(s) and *"2014 Pledge Payment"*.
- Checks should be made payable to Arlington Street Church with *"2014 Pledge Payment"* written on the check memo line.
- If you wish to pay by credit card, please complete the following:

Accepted: Mastercard Visa

Credit Card #: _____

Expiration Date: mm _____ yy _____ Zip Code: _____

Please charge my credit card in either:

- One payment for my entire pledge
- Equal monthly installments on the 10th of each month

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to **Comments@ASCBoston.org**. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to **print@ascboston.org**. Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM
Phone: 617-536-7050 • Fax: 617-536-7051
E-mail: office@ASCBoston.org • Web: www.ASCBoston.org

INSIDE E

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, SEPTEMBER 29TH, 2013

TODAY

Coffee Hour

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson or Sharon Pressly-Fiero.

A Transcendental Field Trip

Today ~ 12:15 PM, Hunnewell Chapel

Join David Cecere for a 45-minute introductory chat about New England's antebellum-era Transcendentalist Movement. At 1:00, Rev. Kim will join us for a sojourn to Walden Pond in Concord, MA. We will go on a meditative stroll around the pond while periodically reading from Henry David Thoreau, the transcendentalist philosopher who lived there.

Are You a Highly Sensitive Person

Today ~ 1:00 PM, Stage Right Room

Have you ever been told "You're too sensitive?" Do you wonder why you sometimes get overwhelmed by everything going on around you? Do you "sense" other people's feelings before they express them? Then you might be one of the 20% of the population that is wired as a Highly Sensitive Person. Join our facilitator, Michael Parise, Life & Spirit Coach, and explore this wonderful and challenging gift with like-minded people. Receive the support you deserve! We will be meeting on the last Sunday of every month for 45 minutes.

THIS WEEK

Kundalini Yoga Class

Wednesday, October 2nd ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques,

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chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

Roy Zimmerman's Funny Songs and Bad Advice

Friday, October 4th ~ 8:00 PM, Hunnewell Chapel

Songwriter and political satirist Roy Zimmerman returns to Arlington Street Church with his new show, "Funny Songs and Bad Advice." In thirteen albums over twenty years, Roy Zimmerman has brought the sting of satire to the struggle for peace and social justice. His YouTube videos have amassed over seven million views. He's been profiled on NPR's "All Things Considered," heard on HBO and Showtime, and is a featured blogger for the Huffington Post. The world is full of funny songs, but Zimmerman's hilarious, rhyme-intensive originals are also incisive calls to action, smart, savvy, and undeniable.

Words and Songs

Saturday, October 5th ~ 7:30 PM, Hunnewell Chapel

What happens when a noted Boston-area humorist and columnist joins forces with an award-winning singer and songwriter to share the same stage? The result is "Words and Songs," premiering at Arlington Street Church.

Judah Leblang, storyteller and author of Bay Windows' column "Life in the Slow Lane," teams up with singer/songwriter Maria Sangiolo to present two views of life "outside the box." When Sangiolo combines her songs centered on life as a mother and songwriter in a small rural town with Leblang's musings as an urban, gay single man navigating the road through middle age, the outcome ranges from lyrically poignant to aching funny.

Tickets are available at judahleblang.com—\$12 for Arlington Street members and \$15 for the general public.

Save the Date

INSIDE in Person

Sunday, October 6th ~ Noon, Parish Hall

Come have a look INSIDE our beloved community. Representatives from many Arlington Street groups and activities will be on hand to talk about what's planned for this year and to offer opportunities to get as involved as you'd like to be!

If your group or church-related activity is interested in participating, please contact Shane McBride at pru_chair@ascboston.org.

New Member Class

Sunday, October 6th ~ Noon, Parish Hall ~ Meet ASC

Wednesday, October 9th ~ 6:00 PM, Perkins Room ~ Spiritual Journeys

All interested newcomers are warmly invited to our next two-session new member class. For this class, we are doing things a little differently. We encourage you to "Meet Arlington Street Church" in the Parish Hall at the committees and activities fair described above in *INSIDE in Person*. This will give you the opportunity to meet committee members; find out about all of Arlington Street's

We invite you to cut out this calendar and clip it to your refrigerator or bulletin board or, view the full calendar at ASCBoston.org

This Week

Sunday, September 29, 2013

9:30 AM	Choir Rehearsal ~ Sanctuary
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Perkins Room
12:00 PM	Coffee & Lunch Hour ~ Parish Hall
12:15 PM	Talk & Walk on Transcendentalism ~ Chapel Walden Pond
1:00 PM	Highly Sensitive People Support Group ~ Stage Right Room
*1:15 PM	Our Whole Lives ~ Perkins Room

Monday, September 30, 2013

No congregational events

Tuesday, October 1, 2013

6:00 PM	Worship Committee ~ Perkins Room
*6:30 PM	Connections Group ~ Hunnewell Chapel
6:30 PM	CRE Committee Meeting ~ Smith Room
*7:30 PM	Spiritual Practice for Professional Caregivers ~ Froth

Wednesday, October 2, 2013

*12:00 PM	Staff Meeting ~ Perkins Room
6:00 PM	Kundalini Yoga ~ Hunnewell Chapel

Thursday, October 3, 2013

7:00 PM	Choir Practice ~ Clarke Room
*8:00 PM	Connections Group ~ Perkins Room

Friday, October 4, 2013

5:00 PM	Friday Night Supper ~ Parish Hall
8:00 PM	Roy Zimmerman Concert ~ Hunnewell Chapel

Saturday, October 5, 2013

7:30 PM	Words and Song ~ Hunnewell Chapel
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Sunday, October 6, 2013

9:30 AM	Choir Rehearsal ~ Sanctuary
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Perkins Room
12:00 PM	Coffee & Lunch Hour ~ Parish Hall
12:00 PM	INSIDE in Person/Meet ASC ~ Parish Hall
12:30 PM	Justice and Healing ~ Hunnewell Chapel
*1:15 PM	Our Whole Lives ~ Perkins Room

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



ARLINGTON
STREET CHURCH
Unitarian Universalist

activities and its work in the community; and to find your niche! Rev. Kim joins us for the second session, on October 9th, where we share stories about our spiritual journeys and ask our burning questions. Please sign up at the Welcome Table in the parish hall after the service for this session. All are welcome!

Justice and Healing, Not Mass Incarceration

Sunday, October 6th ~ 12:30 PM, Hunnewell Chapel

The Social Action Committee has invited Andrea James—attorney, ex-prisoner, activist, and executive director of "Families for Justice as Healing"—to speak at Arlington Street. Andrea is a leader in the movement to end mass incarceration, and author of *Upper Bunkies Unite*. She will talk of her experience and what she is doing today. We will have a call to action to support the Jobs Not Jails campaign.

On the Rocks Is a Form of Life: Philosophy & Addiction

Sunday, October 20th ~ 12:30 PM, Hunnewell Chapel

What an honor to welcome New York Times columnist Peg O'Connor! All are welcome!

How does a person make meaning or sense of her life when she feels defeated and worthless and experiences the world as alien, hostile, and devoid of meaning? Some of us looked to alcohol and drugs as a way to cope with our realities. In asking questions such as, "what kind of person do I want to be," or "who am I and why am I like this," and "does any of this matter in the bigger scheme of things," a person is seeking self understanding and an understanding of her place in the world. For millennia, philosophy has been grappling unapologetically with questions about meaning and value, seeking understanding of human nature and the human condition. This talk addresses addiction and recovery from a western philosophical perspective. Rates of addiction to alcohol, illicit drugs, and prescription drugs are reaching epidemic proportions. More people are interrogating themselves about their relationships to these substances and behaviors. This interrogation, the ancient Greek philosopher Socrates might claim, is about examining one's life. "On the Rocks" introduces some of the core concepts and vexing questions of philosophy as a way to help addicts and those affected by our addictions to examine ours and perhaps transform our relationship to our drugs or behaviors of choice. A recovering alcoholic for more than 25 years and a philosophy professor for 18, philosophy helped the speaker get and stay sober.

The Wednesdays: Huckleberry Finn

Wednesdays, October 23rd, November 6th & 13th ~ 6:00 PM, The Froth

Please join Professor Alan Helms and Rev. Kim for Arlington Street's fall literary salon: Mark Twain's *Huckleberry Finn*!

Recommended text: The Norton Critical Edition of "*The Adventures of Huckleberry Finn*" (3rd edition). You'll find cheap copies at Amazon and abebooks.com, but pretty much any edition will work. For more information, please see ASCBoston.org.

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