

## On the Rocks Is a Form of Life: Philosophy & Addiction

Sunday, October 20<sup>th</sup> ~ 12:30 PM, Hunnewell Chapel

What an honor to welcome New York Times columnist Peg O'Connor! All are welcome!

How does a person make meaning or sense of her life when she feels defeated and worthless and experiences the world as alien, hostile, and devoid of meaning? Some of us looked to alcohol and drugs as a way to cope with our realities. In asking questions such as, "what kind of person do I want to be," or "who am I and why am I like this," and "does any of this matter in the bigger scheme of things," a person is seeking self understanding and an understanding of her place in the world. For millennia, philosophy has been grappling unapologetically with questions about meaning and value, seeking understanding of human nature and the human condition. This talk addresses addiction and recovery from a western philosophical perspective. Rates of addiction to alcohol, illicit drugs, and prescription drugs are reaching epidemic proportions. More people are interrogating themselves about their relationships to these substances and behaviors. This interrogation, the ancient Greek philosopher Socrates might claim, is about examining one's life. "On the Rocks" introduces some of the core concepts and vexing questions of philosophy as a way to help addicts and those affected by our addictions to examine ours and perhaps transform our relationship to our drugs or behaviors of choice. A recovering alcoholic for more than 25 years and a philosophy professor for 18, philosophy helped the speaker get and stay sober.

## The Wednesdays: Huckleberry Finn

Wednesdays, October 23<sup>rd</sup>, November 6<sup>th</sup> & 13<sup>th</sup> ~ 6:00 PM, The Froth

Please join Professor Alan Helms and Rev. Kim for Arlington Street's fall literary salon: Mark Twain's *Huckleberry Finn*!

**Recommended text:** The Norton Critical Edition of "*The Adventures of Huckleberry Finn*" (3<sup>rd</sup> edition). You'll find cheap copies at Amazon and abebooks.com. But pretty much any edition will work. For more information, please see ASCBoston.org.

## Announcements

### Prayer Vigil for Immigrant Detainees

Sunday, September 29<sup>th</sup> ~ 2:00 PM, 20 Bradston Street, Boston

Stop the raids and deportations and keep innocent families together! The Boston New Sanctuary Movement is sponsoring this vigil. We will car pool from Arlington Street Church at 1:15 PM. If you want a ride, please email socialaction@ascboston.org.

### Just Coffee—Just for You!

Friends, we have a new supply of Just Coffee! It is available for \$12 a pound at the Social Action table after the service. Enjoy 100% organic coffee while helping to support the grower cooperative in Chiapas, Mexico, www.justcoffee.org.

## COVENANT RENEWAL PLEDGE FORM

July 2013 through June 2014

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I/We commit an annual total pledge of \$ \_\_\_\_\_ to support the work of Arlington Street Church.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Pledge contributions may be made by cash, check, or credit card.**

- If you are paying with cash via the Sunday collection, please mark the envelope with your name(s) and "**2014 Pledge Payment**".
- Checks should be made payable to Arlington Street Church with "**2014 Pledge Payment**" written on the check memo line.
- If you wish to pay by credit card, please complete the following:

**Accepted:**  Mastercard  Visa

Credit Card #: \_\_\_\_\_

Expiration Date: mm \_\_\_\_\_ yy \_\_\_\_\_ Zip Code: \_\_\_\_\_

**Please charge my credit card in either:**

- One payment for my entire pledge on **July 10<sup>th</sup>, 2013**
- 12 equal monthly installments on the **10<sup>th</sup> of each month**

### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to **Comments@ASCBoston.org**. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to **print@ascboston.org**. Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

### OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street  
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM

Phone: 617-536-7050 • Fax: 617-536-7051

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# INSIDE

ARLINGTON STREET CHURCH

*NEWS FROM THE SOUL OF SUNDAY*

SUNDAY, SEPTEMBER 22<sup>ND</sup>, 2013

## TODAY

### Coffee Hour

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson or Sharon Pressly-Fiero.

### Stories and Pictures from Arlington Street's History

Today ~ 12:30 PM, Hunnewell Chapel

Join Holly Hendricks after today's service for a new slide talk in the Arlington Street Church history series! We'll look at a selection of historical images from across the years and hear about people and events from Arlington Street's past. Holly's presentation will be from 12:30-1:30, and the discussion from 1:30-2:00.

Save the following dates to hear Holly's annual talks on Arlington Street's history—18<sup>th</sup> century (November 17<sup>th</sup>), 19<sup>th</sup> century (January 26<sup>th</sup>), and 20<sup>th</sup> century (March 2<sup>nd</sup>).

## THIS WEEK

### Membership Team Meeting

Monday, September 23<sup>rd</sup> ~ 6:30 PM, Perkins Room

The Membership Team is having our first meeting of the new church year. Do you have ideas about how we can be the welcoming community we strive to be, to both new and long time members? Have you ever thought that our Welcome Table would benefit from including information about different programs or about how we could better help members get involved? Do you have questions about the church and how to get involved? We would love to hear your ideas, and help answer any questions you have. Please join us for any Membership Team meetings held throughout the year. We hope to see you there!

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## Buddha's Belly ~ The Buddhist Book Discussion and the Arlington Street Zen Center

Tuesday, September 24<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and the Arlington Street Zen Center (feel free to come to one or both) meet every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday.

Buddha's Belly meets at 6 PM. We are "auditioning" three books to consider for our fall Buddhist reading. Please read the first chapter in each book, and come prepared to discuss and vote tonight.

- Noah Levine, *Against the Stream*
- Brad Warner, *There is No God and He is Always with You*
- Daniel Ingram, *Mastering the Core Teachings of the Buddha*

Arlington Street Zen Center meets at 7 PM and includes seated and walking meditations, a dharma talk, and conversation. Beginners and experienced meditators from all traditions are welcome!

## Kundalini Yoga Class

Wednesday, September 25<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

## Children's Religious Education Volunteer Training

Saturday, September 28<sup>th</sup> ~ 3:15-5:00 PM, Perkins Room

Anyone interested in sharing their gifts with our children and youth is welcome. Please RSVP to Erica at [elong@asboston.org](mailto:elong@asboston.org).

## Homecoming Potluck

Saturday, September 28<sup>th</sup> ~ 5:30-8:00 PM, Parish Hall

Come one and all ages to the Arlington Street homecoming potluck! Greet friends, meet new people, enjoy good food and fellowship! Bring your dish at 5:30. Dinner will begin at 6:00 following a welcome from Rev. Kim. After dinner, it's dessert and games! We've had a great early response, we hope to hear from you too, and we are looking forward to a wonderful evening together!

You can sign up at the welcome table today, or fill out the brief survey at [http://bit.ly/ASC\\_potluck](http://bit.ly/ASC_potluck), or RSVP to Charles Howes or Shane McBride through the church, ([office@ascboston.org](mailto:office@ascboston.org)).

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## Save the Date

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## Blessing of the Animals

Sunday, September 29<sup>th</sup> ~ 11:00 AM, Sanctuary

Each year on a Sunday near the Feast Day of St. Francis, we celebrate the animal companions in our lives by welcoming them (crated, on a leash, in a bowl) to be blessed. Come join in this happy, hilarious, love-filled worship service with a special greeter at the great doors!

## Talk and Walk about Transcendentalism

Sunday, September 29<sup>th</sup> ~ 12:15 PM, Hunnewell Chapel

Join David Cecere for a 45-minute introductory chat about New England's antebellum-era Transcendentalist Movement. At 1:00, Rev.

*We invite you to cut out this calendar and clip it to your refrigerator or bulletin board or, view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### Sunday, September 22, 2013

9:30 AM	Choir Rehearsal ~ Sanctuary
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Perkins Room
12:00 PM	Coffee & Lunch Hour ~ Parish Hall
12:30 PM	ASC History Stories & Pictures ~ Hunnewell Chapel
*1:15 PM	Our Whole Lives ~ Perkins Room

### Monday, September 23, 2013

6:30 PM	Membership Team Meeting ~ Perkins Room
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### Tuesday, September 24, 2013

6:00 PM	Buddha's Belly ~ Hunnewell Chapel
7:00 PM	Arlington Street Zen Center ~ Hunnewell Chapel

### Wednesday, September 25, 2013

*12:00 PM	Staff Meeting ~ Perkins Room
6:00 PM	Kundalini Yoga ~ Hunnewell Chapel
*6:00 PM	Building the World We Dream Workshop ~ Clarke Room

### Thursday, September 26, 2013

7:00 PM	Choir Practice ~ Clarke Room
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### Friday, September 27, 2013

5:00 PM	Friday Night Supper ~ Parish Hall
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### Saturday, September 28, 2013

3:15 PM	CRE Volunteer Training ~ Perkins Room
5:30 PM	Arlington Street Potluck ~ Parish Hall

### Sunday, September 29, 2013

9:30 AM	Choir Rehearsal ~ Sanctuary
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Perkins Room
12:00 PM	Coffee & Lunch Hour ~ Parish Hall
12:15 PM	Talk & Walk on Transcendentalism ~ Chapel   Walden Pond
1:00 PM	Highly Sensitive People Support Group ~ Stage Right Room
*1:15 PM	Our Whole Lives ~ Perkins Room

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

*For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



ARLINGTON  
STREET CHURCH  
Unitarian Universalist

Kim will join us for a sojourn to Walden Pond in Concord, MA. We will go on a meditative stroll around the pond while periodically reading excerpts by Henry David Thoreau, the transcendentalist philosopher who lived there. If you would like to join us, please sign up in the Parish Hall, so that transportation can be arranged.

## Are You a Highly Sensitive Person

Sunday, September 29<sup>th</sup> ~ 1:00 PM, Stage Right Room

Have you ever been told "You're too sensitive"? Do you wonder why you sometimes get overwhelmed by everything going on around you? Do you "sense" other people's feelings before they express them? Then you might be one of the 20% of the population that is wired as a Highly Sensitive Person. Join our facilitator, Michael Parise, Life & Spirit Coach, and explore this wonderful and challenging gift with like-minded people. Receive the support you deserve! We will be meeting on the last Sunday of every month for 45 minutes.

## Words and Songs

Saturday, October 5<sup>th</sup> ~ 7:30 PM, Hunnewell Chapel

What happens when a noted Boston-area humorist and columnist joins forces with an award-winning singer and songwriter to share the same stage? The result is "Words and Songs," premiering at Arlington Street Church.

Judah Leblang, storyteller and author of Bay Windows' column "Life in the Slow Lane," teams up with singer/songwriter Maria Sangiolo to present two views of life 'outside the box.' When Sangiolo combines her songs centered on life as a mother and songwriter in a small rural town with Leblang's musings as an urban, gay single man navigating the road through middle age, the outcome ranges from lyrically poignant to achingly hilarious.

Tickets are available at [judahleblang.com](http://judahleblang.com)—\$12 for Arlington Street members and \$15 for the general public.

## INSIDE in Person

Sunday, October 6<sup>th</sup> ~ Noon PM, Parish Hall

Come have a look INSIDE our beloved community. Representatives from many Arlington Street groups and activities will be on hand to talk about what's planned for this year and to offer opportunities to get as involved as you'd like to be!

If your group or church-related activity is interested in participating, please contact Shane McBride at [pru\\_chair@ascboston.org](mailto:pru_chair@ascboston.org).

## Justice and Healing, Not Mass Incarceration

Sunday, October 6<sup>th</sup> ~ 12:30 PM, Hunnewell Chapel

The Social Action Committee has invited Andrea James—attorney, ex-prisoner, activist, and executive director of "Families for Justice as Healing"—to speak at Arlington Street. Andrea is a leader in the movement to end mass incarceration and author of *Upper Bunkies Unite*. She will talk of her experience and what she is doing today. We will have a call to action to support the Jobs Not Jails campaign.

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