

## Inside Out Concert: Mozart!

### Featuring members of the Boston Symphony Orchestra

Sunday, May 15<sup>th</sup>, 1:30 PM ~ Sanctuary, Free, donations gratefully accepted

Mozart Violin Concerto No. 4 in D major, K. 218

Mozart Symphony No. 29 in A major, K. 201

\* Julianne Lee, violin

\* Eli Epstein, conductor and tour guide

\* Inside Out Chamber Orchestra

Inside Out builds bridges to audiences by showing that a connection with music is not so much about knowing; it's more about tapping into the emotional essence and universal human experience that's inherent in every work of art, be it music, dance, theatre, film, or visual art. This innovative interdisciplinary approach helps concertgoers access their memories and activate their imaginations so that they can have more moving, meaningful, and personal experiences. For more information, please see [www.eliepstein.com](http://www.eliepstein.com).

## Special Guest: Lama Surya Das

Sunday, May 22<sup>nd</sup>, 11:00 AM

*We all have the same twenty-four hours a day. So where did all the time go, in this time-famine era? We can spend hours feeling hurried and harried, overwhelmed by chores and demands, distracted and burned out ... or we can awaken to life in Buddha Standard Time: the realm of timelessness where every choice, every action, and every breath can be one of renewal and infinite possibilities.* - Lama Surya Das

Renowned teacher and bestselling author Lama Surya Das - a leading spokesperson for Buddhist and transformative contemporary spirituality - will join Rev. Kim in our high pulpit to share one of the great realizations of Buddhism, an insight that anyone can learn to apply. By learning to live in this dimension – Buddha Standard Time – we can reduce the amount of stress, disharmony and distraction in our lives and find greater focus, fulfillment, creativity, and mindful awareness – wisdom. Drawing on Tibetan Buddhism and other great wisdom traditions, as well as on neuroscience and holistic traditions, Lama Surya Das shares real-world examples, practical exercises, and essential techniques. Far from being at the mercy of time's demands, we will finally realize that we have, in fact, all the time in the world.

Following the service, Lama Surya Das will be on hand in the Hunnewell Chapel to sign his newest book, *Buddha Standard Time*.

## SPECIAL ANNOUNCEMENTS

### Donate Your Used Books Now for the Upcoming Sale

Sundays at Noon ~ Social Action Committee Table, Parish Hall

We will still accept book donations on May 8<sup>th</sup> for our annual sale happening Sundays in May. This is a great chance to trade in all those books overflowing your bookcase and spilling onto the coffee table, so you can make room for new selections from the sale. Proceeds go to support the activities of the Social Action Committee, including Only a Child, Haiti, New Sanctuary Movement, Villages Without Walls. Speak with Ed Wright, Doug Fiero, or email [office@ASCBoston.org](mailto:office@ASCBoston.org) if you have questions.

## COVENANT RENEWAL PLEDGE FORM

July 2011 through June 2012

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

I/We Commit an Annual Total of \$ \_\_\_\_\_ to Support the Work of the Arlington Street Church for July 2011 - June 2012.

My/Our Pledge for the Church Fiscal Year Will Be Paid:

Weekly  Monthly  Quarterly

Semi-annually  One payment  Or As Follows: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Contributions may be made via cash, check, or credit card. If you are paying your pledge with cash via the Sunday collection, be sure to clearly mark the envelope with your name(s) and indicate "**Pledge Payment**". Checks should be made payable to Arlington Street Church and also please include "2012 pledge payment" on memo line. If you wish to use a credit card, please complete the information below:

Mastercard  Visa Zip Code: \_\_\_\_\_

Credit Card #: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

One Time Charge  Monthly Contribution

### SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to **Comments@ASCBoston.org**. Your message will be received by the Church's administrative assistant so it can find its way to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow-up. Thanks! For emergencies, please see "**Our Caring Community**" to the right.

### SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, for both congregational usage and rentals, must be coordinated by Jeffrey Bouchard, Assistant to the Administrator. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at [JBouchard@ASCBoston.org](mailto:JBouchard@ASCBoston.org).

### INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements before Tuesday noon to [print@ascboston.org](mailto:print@ascboston.org). Phyllis Guiliano (church administrator) will receive this email and will compile all of the announcements for publication. Materials must be legible, signed, and fully composed and may be edited, as space is limited. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

### OUR CARING COMMUNITY

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

### SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*  
351 Boylston Street  
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM  
Phone: 617-536-7050 • Fax: 617-536-7051  
E-mail: [office@ASCBoston.org](mailto:office@ASCBoston.org) • Web: [www.ASCBoston.org](http://www.ASCBoston.org)

# INSIDE

ARLINGTON STREET CHURCH

## NEWS FROM THE SOUL OF SUNDAY

SUNDAY, MAY 1<sup>ST</sup>, 2011

## TODAY

### Coffee Hour

Parish Hall, immediately following the worship service

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

Next Sunday, we will have a special Mother's Day brunch instead of the usual coffee hour.

We also want to share that the workload for our team is considerable each week, and we would welcome additional volunteers to help with food preparation and, especially, with clean-up. **We'd like to suggest that all who enjoy the refreshments offer at least one Sunday to assist with dishes and other clean-up tasks.**

For more information about joining our team, please contact Jon Ellertson or Sharon Pressly-Fiero at [office@ASCBoston.org](mailto:office@ASCBoston.org).

### Spiritual Passion: Poetry with Les Phillips

Today, 1:00 PM ~ Frothingham Library

We all know poems that are important to us – because they speak to us in a special way, because they express what we can't quite say ourselves, or simply because we're awed by their perfection. Come and bring poems to read and share! Poems by Shakespeare, Rilke, your sister, Mr. Eliot, Miss Bishop, your own – all are welcome!

### Hindemith 1939 Concerto Recital

Today, 1:00 PM ~ Sanctuary

The Arneis Ensemble will be performing three Paul Hindemith pieces from his 1939 concerto: Hindemith Viola Sonata, Hindemith Sonata for Harp, and Hindemith Violin Concerto. Featured performers are Daniel Dona, viola, Kevin Loucks, piano, Ina Zdorovetchi, harp, Heather Braun, violin, and our own Molly Wood on piano. Read more at [www.arneisenemble.org](http://www.arneisenemble.org).

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## May Day: Annual Immigrant Workers Day March

Today, 2:00 PM ~ Liberty Plaza in Central Square, East Boston

Join us as we march from East Boston to Chelsea under the New Sanctuary Movement and Standing on the Side of Love banners in support of immigrants. Right now there are ongoing conversations about whether the frightening "Secure Communities" program will be implemented in Massachusetts, so this public witness can have a real impact on whether immigrant families are made to feel welcome in our communities.

We will meet at 1:15 at the Social Action table and take the T. Sponsored by the Chelsea Collaborative and co-Sponsored by New Sanctuary Movement.

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## THIS WEEK

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### Kundalini Yoga Class

Wednesday, May 4<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There will be a \$10 charge that goes to the church.

### The Wednesdays Literary Salon

Wednesdays, Weekly, April 20<sup>th</sup> - May 11<sup>th</sup> ~ 6:00 PM, Frothingham Library

Spring is in the air! It must be time for LOVE. Join us as we romp through every author's favorite and most confounding topic. For a list of the readings for our third week's gathering, please see <http://home.comcast.net/~sbyc/>. For more information, please contact Rev. Kim. All are welcome!

### Discussing the Impact of Natural Gas Extraction

Wednesday, May 4<sup>th</sup> ~ 6:30 PM, Clarke Room

The Social Action Committee in partnership with the MIT Center for Future Civic Media is hosting an evening discussion about the Impacts of Domestic Natural Gas Extraction. We'll show excerpts from two recent documentaries: Oscar-nominated *Gasland* and Emmy Award winning *Split Estate*. We'll also hear from author and activist Tara Meixsell, as well as from Larisa Ruoff, Director of Shareholder Advocacy at Green Century Capital Management. Raise your awareness of the social, economic, and health impacts of extraction on communities in New York, Pennsylvania, and Colorado, and find resources for increasing regulatory oversight and corporate accountability.

### New Member Class

Thursday, May 5<sup>th</sup> ~ 6:30 PM, Perkins Room

This is the last session in our current new member class. The next class will happen in the September/October time frame. Specific dates to be announced.

*We invite you to cut out this calendar and clip it to your refrigerator or bulletin board!*

## This Week

### Sunday, May 1, 2011

- 9:30 AM Music Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Perkins Room
- 12:00 PM Coffee Hour ~ Parish Hall
- 1:00 PM *Spiritual Passion*: Poetry with Les Phillips ~ Frothingham
- 1:00 PM Molly Wood: Hindemith Concerto Recital ~ Sanctuary

### Monday, May 2, 2011

- 6:00 PM What Moves Us ARE ~ Perkins Room

### Tuesday, May 3, 2011

- 5:30 PM Gay Pride Committee ~ Hunnewell Chapel
- 6:00 PM Worship Committee ~ Perkins Room

### Wednesday, May 4, 2011

- \*3:30 PM Staff Meeting ~ Perkins Room
- 6:00 PM Kundalini Yoga ~ Hunnewell Chapel
- 6:00 PM Wednesdays Literary Salon ~ Frothingham Library
- 6:30 PM Discussion on Natural Gas Extraction ~ Clarke Room
- 7:00 PM UU Affairs Committee ~ Perkins Room

### Thursday, May 5, 2011

- 6:30 PM New Members Class ~ Perkins Room
- 7:00 PM Choir Rehearsal ~ Clarke Room

### Friday, May 6, 2011

- 5:00 PM Friday Night Supper Program ~ Parish Hall | Kitchen

### Saturday, May 7, 2011

- 7:30 PM Young Adult Group ~ Parish Hall

### Sunday, May 8, 2011

- 9:30 AM Choir Rehearsal ~ Sanctuary
- 11:00 AM Sunday Morning Worship ~ Sanctuary
- 11:15 AM Children's Religious Education ~ Perkins Room
- 12:00 PM Coffee Hour ~ Parish Hall
- 12:30 PM Nominating Committee ~ Smith Room
- 5:00 PM Second Sunday Circle Celebration ~ Hunnewell Chapel

**NOTE:** This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation. For complete, up-to-date calendar listings over the coming months, visit [www.ASCBoston.org](http://www.ASCBoston.org).

\* Denotes closed meetings

*For more information, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



## Young Adult Group Pizza Party & Game Night

Saturday, May 7<sup>th</sup> ~ 7:30 PM, Parish Hall

Come to the Young Adult Group pizza party and game night! Bring your favorite pizza toppings, board games, and ideas for what you want out of a young adult group. For more information, contact Reese Millican through the church office ([office@ASCBoston.org](mailto:office@ASCBoston.org)), or look for Arlington Street Church Young Adult Group on Facebook. All young adults between 18 and 35 are welcome!

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## SAVE THE DATE

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### Second Sunday Circle Celebration

Sunday, May 8<sup>th</sup> ~ 5:00 PM, Hunnewell Chapel

This monthly worship service by and for people of color and their families (including children) is sponsored by Diverse, Revolutionary, Unitarian Universalist Multicultural Ministries (DRUUMM). Please bring food for the potluck, and then join us for worship.

### Keshet Interfaith Gathering

May 11<sup>th</sup>, 7:45 PM ~ Hunnewell Chapel

Do you attend a church on Sundays and Shul on Fridays? Do you chant or meditate? Are you involved in a partnership where you come from different faith upbringings? If so, then bring your whole self with you for an evening of conversations about our spiritual/social journeys and how we weave together our Jewishness with other traditions. Our conversations will be guided in a relaxed setting by Laura Evonne Steinman who was raised Unitarian Universalist, with Jewish and Catholic roots. RSVP to [office@ASCBoston.org](mailto:office@ASCBoston.org) by Monday, May 9<sup>th</sup>. Cosponsored by Arlington Street Church - Unitarian Universalist.

### Renewing Our Commitment to Multicultural Ministries

Saturday, May 14<sup>th</sup>, 9 AM - 3 PM ~ First Church in Littleton, MA

This is a program from Unitarian Universalist GRACE: Growing Racial and Cultural Equality. You are invited to participate in this gathering of congregational teams seeking to grow their capacity to engage in multicultural ministries! The leader, Paula Cole Jones, is an antiracism consultant and lifelong member of All Souls Church (Unitarian Universalist) in D.C. She's fabulous! Fee: \$25 per person; \$100 for a congregational team. Morning refreshments and lunch will be provided. Let's go! If you'd like to be part of Arlington Street's team, please contact Sarah Richards through the church office: [office@ASCBoston.org](mailto:office@ASCBoston.org).

### Prayer Vigil for Immigrant Detainees

Sunday, May 15<sup>th</sup>, 2 PM ~ Suffolk County House of Correction

We will meet at the Social Action table at 1:15 PM and drive to the vigil at 20 Bradston Street in Boston. Sponsored by New Sanctuary Movement. For more information or for directions to Suffolk County House of Correction, email [socialaction@ascboston.org](mailto:socialaction@ascboston.org).

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