


year, families from across the state walk together to demand dignity and compassion for all families impacted by murder. Join our ASC family in walking toward peace by registering at [www.mothersdaywalk4peace.org/register.html](http://www.mothersdaywalk4peace.org/register.html) and selecting "Arlington Street Church Boston" as your designated team.

 **Arlington Street Church Visitor Tours**  
Starting May 15<sup>th</sup>

The guided tour program for our historic church and its unique Tiffany stained glass windows will begin again on May 15th. Tours will be offered 10:00 am - 3:00 pm on Tuesday through Saturday during May and Monday through Saturday from June to October. Volunteers are needed to warmly welcome our guests from all over the globe! If you are interested in serving as an ambassador or greeter in the visitor's center, please contact office@ASCBoston.org for further details and to sign up.

 **Intersectional Book Discussion**  
Monday, May 15<sup>th</sup> ~ 6:00 PM, Frothingham Library

Join Rev. Kim for the second in our series of occasional discussions about books with intersectional themes. For this gathering, we'll be reading *Hillbilly Elegy: A Memoir of a Family and Culture in Crisis*. Former Marine and Yale Law School graduate J.D. Vance writes movingly about the Appalachian values of his upbringing in a poor Appalachian town, offering a probing look at the struggles of America's white working class. All are welcome!

 **Hate Crimes Hotline**

Attorney General Maura Healey has launched a new hotline to help protect the basic civil rights of residents and visitors to Massachusetts. To report an incident of a bias-motivated threat, harassment, or violence, call 800-994-3228. Learn more at [mass.gov/ago](http://mass.gov/ago).

**ARLINGTON STREET MINISTRIES**

 **Join the Arlington Street Choir**  
Every Thursday ~ 7:00 PM, Clarke Room

Experience the spiritual practice of communal singing! Take just a couple of hours out of your week to create something beautiful, make friends, and add more music to your life!

Musicians and non-musicians are welcome - we are a mix of professionals and amateurs. We rehearse every Thursday and are always accepting new members. We meet in the Clarke Room on the second floor of the church. If you have any questions, please always feel free to contact our Director of Music, Mark David Buckles at [MBuckles@ASCBoston.org](mailto:MBuckles@ASCBoston.org).

 **Children's Religious Education Program**

Arlington Street's Children's Education Program serves babies through high school age youth. If you are interested in registering your child for CRE or volunteering in the program, please contact Laura Evonne at [LES@ASCBoston.org](mailto:LES@ASCBoston.org) or Jaimie Dingus at [JDingus@ASCBoston.org](mailto:JDingus@ASCBoston.org).



**Let's Get #FiredUp4ASC!**

As you consider your pledge for Covenant Renewal Sunday (May 7<sup>th</sup>), please reflect on what Arlington Street Church means in your life. If this community has been transformative for you, consider taking a leap in your level of investment in the church. Coordinating your values with where your money goes is a powerful spiritual practice! The chart below is provided as a guideline to help you align your income amount, level of commitment, and monthly pledge. Thank you for your generosity!

Suggested Fair Share Contribution Guide									
		Supporter		Sustainer		Visionary		Transformer	
Monthly Income	Annual Income	Suggested % of Income	Monthly Pledge	Suggested % of Income	Monthly Pledge	Suggested % of Income	Monthly Pledge	Suggested % of Income	Monthly Pledge
\$1,000	\$12,000	2%	\$20	3%	\$30	5%	\$50	10%	\$100
\$1,500	\$18,000	2%	\$30	3%	\$45	5%	\$75	10%	\$150
\$2,000	\$25,000	2%	\$40	3%	\$60	5%	\$100	10%	\$200
\$3,000	\$36,000	2%	\$60	3%	\$90	5%	\$150	10%	\$300
\$4,000	\$50,000	3%	\$120	4%	\$160	5%	\$200	10%	\$400
\$6,500	\$80,000	3%	\$195	4%	\$260	6%	\$390	10%	\$650
\$8,500	\$100,000	3%	\$255	5%	\$425	6%	\$510	10%	\$850
\$10,000	\$120,000	3%	\$300	5%	\$500	6%	\$600	10%	\$1,000
\$12,500	\$150,000	4%	\$500	5%	\$625	6%	\$750	10%	\$1,250
\$17,000	\$200,000	4%	\$680	6%	\$1,020	7%	\$1,190	10%	\$1,700
\$25,000	\$300,000	5%	\$1,250	6%	\$1,500	8%	\$2,000	10%	\$2,500
\$40,000	\$500,000	6%	\$2,400	7%	\$2,800	9%	\$3,600	10%	\$4,000

Learn more at [www.StewardshipForUs.com](http://www.StewardshipForUs.com)

Arlington Street Church, Unitarian Universalist  
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729  
Email: [Office@ASCBoston.org](mailto:Office@ASCBoston.org) • Web: [www.ASCBoston.org](http://www.ASCBoston.org)



**INSIDE**  **ARLINGTON STREET CHURCH**

**NEWS FROM THE SOUL OF SUNDAY**

SUNDAY, APRIL 23<sup>RD</sup>, 2017

*If you are visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table in the Parish Hall.*

**TODAY**

  **Coffee Hour and Lunch**

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community. Additional volunteers are always welcome to help with food preparation and, especially, with clean-up. To learn more about joining our team, please stop by the kitchen.

 **De-Escalation Training**

Today ~ 12:30 - 2:30 PM, Hunnewell Chapel

Arlington Street is greeting the resistance with open arms - hosting public trainings and a speaker series as well as supporting local rallies. Come join a group of "peacekeepers" within the congregation and train to intervene in disruptive situations before they get out of hand. Learn hands-on practical skills and protocols in spotting and de-escalating potentially disruptive situations.

Presented by Rev. George Whitehouse and ASC's Safe Congregations Committee....the members of the ASC family who have been quietly keeping our community safe for decades.

 **Arlington Street Circle of Caring**

Today and Sunday, May 21<sup>st</sup> ~ 12:30 PM, Carol Smith Room

Are you battling illness, struggling with isolation, caring for someone who is sick or dying, or coping with grief after a loss? Please visit the Circle of Caring and join our community of support, peace, healing, and love. Facilitators Maureen Peterson and Lisa Kirk lend their significant personal and professional experience to create a safe space for sharing our stories and supporting one another through the crises of life.

**THIS WEEK**

 **Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center**

Tuesday, April 25<sup>th</sup> ~ 6:00 PM, Hunnewell Chapel


Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

6:00 *Buddha's Belly*: We will continue our discussion of *The Book of Joy* by

*continued on next page...*

His Holiness The Dalai Lama and Bishop Desmond Tutu. Please read to page 201, up to the chapter called "Perspective: There Are Many Different Angles."

7:00 *Arlington Street Zen Center*: Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to join Rev. Kim and walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions are warmly welcome.

 **Kundalini Yoga Class**  
Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

 **Arlington Street's Literary Salon, The Wednesdays: Shakespeare**  
Wednesdays ~ 6:00 PM, Frothingham Library

April 26<sup>th</sup> ~ Julius Caesar      May 10<sup>th</sup> ~ As You Like It

Prof. Alan Helms and Rev. Kim welcome you to the next installment of the Wednesdays Shakespearathon! Reading all 38 of Shakespeare's plays is admittedly a huge ambition, but Shakespeare is, by universal consent, not only the greatest writer in the English language, but one of the immortals of world literature. We'll need patience with archaic language while attending to a plethora of footnotes (there's no doing without them unless you live in a world where you cut your meat with a bodkin and your children say their orizons at bedtime). In other words, these Shakespeare courses are not for the faint of heart. But since it's generally true that "as ye sow, so shall ye reap," the rewards will be enormous. For many of us, this will be one of the great experiences of our lives! All are welcome!

## ANNOUNCEMENTS

 **#UUWhiteSupremacyTeachIn**  
Sunday, April 30<sup>th</sup> ~ 11:00 am, Sanctuary

Our faith takes the urgent directive to build the beloved community very seriously. On Sunday morning, April 30th, over 530 Unitarian Universalist congregations (in all 50 states and on four continents!) will stage a teach-in on racism and white supremacy. The call to action for this service came from Black Lives of Unitarian Universalism (BLUU) to look critically within our faith communities for the ways racism festers, and to empower the congregation to commit to work toward a more just society in these difficult times. For more information, please see [www.blacklivesuu.com/teachin/](http://www.blacklivesuu.com/teachin/)

 **A Long Strange Trip: Unitarian Universalist History**  
Sunday, April 30<sup>th</sup> ~ 1:00 PM, Hunnewell Chapel

Throughout 2017, Arlington Street historian, Holly Hendricks, will be screening all six episodes of Ron Cordes' documentary series tracing Unitarian Universalist history from early Christianity to the modern era. On the 30th, we'll be watching and discussing the 20th century, including the part we played in the struggle for Civil Rights.

*We invite you to cut out this calendar or view the full calendar at [ASCBoston.org](http://ASCBoston.org)*

## This Week

### Sunday, April 23, 2017

\*9:30 AM Choir Rehearsal ~ Sanctuary  
11:00 AM Sunday Morning Worship ~ Sanctuary  
11:15 AM Children's Religious Education (CRE) - Nursery, Chapel, Perkins and Carol Smith Room  
12:00 PM Coffee Hour and Lunch ~ Parish Hall  
12:30 PM De-Escalation Training ~ Hunnewell Chapel  
12:30 PM Arlington Street Circle of Caring ~ Carol Smith Room  
12:30 PM Caring Committee ~ Stage Right Room  
12:30 PM Indulge Team Debrief ~ Church Office  
1:00 PM CoA ~ Perkins Room

### Monday, April 24, 2017

6:00 PM Shambhala: Joy in Everyday Life ~ Hunnewell Chapel  
6:30 PM Membership Team ~ Perkins Room

### Tuesday, April 25, 2017

6:00 PM Buddha's Belly ~ Hunnewell Chapel  
7:00 PM Arlington Street Zen Center ~ Hunnewell Chapel

### Wednesday, April 26, 2017

\*12:30 PM Staff Meeting ~ Perkins Room  
6:00 PM Kundalini Yoga ~ Hunnewell Chapel  
6:00 PM The Wednesdays ~ Frothingham Library

### Thursday, April 27, 2017

7:00 PM Choir Practice ~ Clarke Room

### Friday, April 28, 2017

5:00 PM Friday Night Supper Program (FNSP) ~ Parish Hall

### Saturday, April 29, 2017

No congregational events scheduled.

### Sunday, April 30, 2017

\*9:30 AM Choir Rehearsal ~ Sanctuary  
11:00 AM Sunday Morning Worship ~ Sanctuary  
11:15 AM Children's Religious Education (CRE) - Nursery, Chapel, Perkins and Carol Smith Room  
12:00 PM Coffee Hour and Lunch ~ Parish Hall  
12:30 PM Arlington Street Circle of Caring ~ Carol Smith Room  
1:00 PM UU History Screening ~ Hunnewell Chapel  
3:00 PM BLM Event ~ Hunnewell Chapel | Parish Hall | Sanctuary

\* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

*For additional listings, please visit [www.ASCBoston.org](http://www.ASCBoston.org)*



## Black Lives Matter Boston is Coming Back to ASC!

Sunday, April 30<sup>th</sup> ~ 3:00 PM, Sanctuary

Come learn about the struggle for racial equality in our city and country. The presenters will build on February's event; newbies and seasoned activists alike can learn how to make a difference! The presentation and discussion are from 3:00 - 5:00, with a reception to follow. There will be ASL interpretation. Please let us know if you have other accessibility needs or require childcare. Tickets are \$20, and some \$10 tickets are available for folks with limited ability to pay. Get your advance tickets to this important event now before we open it up to the public tomorrow. Visit <https://tinyurl.com/BLMASC> for tickets. Please email Eve Lauria through [office@ASCBoston.org](mailto:office@ASCBoston.org) with questions.



## Immigrant Justice Task Force

Wednesday, May 3<sup>rd</sup> ~ 7:00 – 8:30 PM, Parish Hall

Are you interested in working for immigrant justice? Join us to help launch this new task force as we formulate a mission statement and determine what's possible with our available resources. How can we become strongly allied with the refugee and immigrant communities? How are other congregations offering support and who are our potential partners? Let's envision this lifesaving initiative together!



## Join the Juice-alution!

Thursday, May 4<sup>th</sup> ~ 6:30 – 8:00 PM, Arlington Street Church Kitchen

(use the upstairs side entrance at 351 Boylston Street, right next to Parish Cafe) Join Melissa Dlugolecki and Rev. Kim for an evening of juicing! Your belly is directly connected to much more than digestion... think mood, concentration, nutrient absorption, skin, energy, immune system, and *much more!* Juicing is an effective way of fueling your body with what it needs to function best!

Ingredients, timing, cost, type, combinations, and shelf life all matter! Come learn! You'll walk away having sampled a variety of juices, smoothies, and nut mylks, with a wealth of knowledge about the process and a handy little guide to help you incorporate juices and smoothies to fit *your* needs. Registration is limited; cost is \$5 to cover materials. Email Melissa through the ASC office ([office@ASCBoston.org](mailto:office@ASCBoston.org)) with questions and to reserve your spot today! Join us and give your belly a hug!



## Come to the Table Gala

Saturday, May 6<sup>th</sup> ~ 5:00 PM, Arlington Street Church

Join the Friday Night Supper Program for their inaugural fundraising gala in early May. The event will include a seasonal three-course meal, live entertainment, and a silent auction featuring items from local businesses. Proceeds from the gala will support the program's mission to feed the hungry and homeless of Boston. Tickets are \$40 per person, with sales directly benefitting weekly dinners for an average of 120 disadvantaged members of our community each and every Friday. Purchase tickets at [FridayNightSupper.org/donate](http://FridayNightSupper.org/donate).



## 21<sup>st</sup> Annual Mother's Day Walk for Peace

Sunday, May 14<sup>th</sup> ~ 8:30 AM, from Towne Field, Dorchester or 9:45 AM (estimated) from Madison Park High School, Roxbury Crossing

The Louis D Brown Peace Institute's Mother's Day Walk for Peace is a celebration of our potential to create more peaceful communities. Every