



Meet ASC Connections Fair

Sunday, April 5th ~ 12:30 PM, Parish Hall

“Love is the spirit of this congregation, and service is our gift.”

Let's get excited to:

- Deepen our connections to Arlington Street Church
- Discover how each of us can further engage in the great work of this spiritual community
- Join a group to honor our covenant of service to the church

You are invited to the Arlington Street Church Connections Fair! All of the committees, teams, groups, and other organizations that serve and support our congregation are invited to participate. It's not a meeting; it's a party to speed-match your passions to your service!

The service begins when the service ends!



Spiritual Passion:

Unitarian Universalist Association Common Read An Indigenous People's History of the United States

Sunday, April 19th ~ 12:45 PM, Hunnewell Chapel

Join Rev. Kim and the Transformation Team for Racial Justice for a discussion of this year's UU Common Read. Roxanne Dunbar-Ortiz's *An Indigenous Peoples' History of the United States* centers the story, experiences, and perspectives of Indigenous peoples. There's also *An Indigenous Peoples' History of the United States for Young People*, adapted from Dunbar-Ortiz by Jean Mendoza and Debbie Reese. We envision an intergenerational conversation; we hope everyone will read along and join in this important conversation! If you need help getting a copy of the book, email transformation@ascboston.org. *All are welcome!*



Delegates Needed for General Assembly Meeting

June 24th – 28th ~ Providence, RI

Are you a voting member of the congregation planning to attend the Unitarian Universalist Association's General Assembly in Providence, RI (either in person or online)? If your answer is yes, would you consider serving our beloved spiritual community as a delegate? The Nominating Committee will be submitting the names of five delegates to represent our congregation at next month's corporation meeting. Please visit the Welcome Table after the service for more info. *Thank you!*



UUA General Assembly ~ Register Now and Save!

June 24th – 28th ~ Providence, RI

Experience all of the amazing opportunities to enhance your faith and connect with other Unitarian Universalists! General Assembly offers workshops, programs, and lectures customized and created for spiritual growth and development. You don't want to miss this incredible opportunity! Registration is now open at uua.org/ga/ registration. p.s. *Watch the video!* <https://vimeo.com/386281324>.

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ágora events

Ágora is the Latinx cultural center nested here at Arlington Street. Elsa and Beba are featuring a host of celebrated artists and warmly welcome us to join in these eventos fantasticos!

Unless otherwise noted, all Ágora events will be held in CROMA, the parish hall, with info and tickets available at Facebook.com/culturalagora/events

Debate Watch Party and #FiveVoterChallenge

Tuesday, February 25th ~ 7:00 – 10:00 PM

Join us for a FREE live screening of the South Carolina Democratic debate and the kickoff of the #FiveVoterChallenge, a nonpartisan social media campaign aiming to increase voter registration through peer-to-peer check-ins. Let's get our communities registered to vote and to the polls! *The challenge is simple:* reach out to five friends to see if they are registered to vote at their current address, show off your outreach on social media, and tag five more friends to do the same. The goal of the #FiveVoterChallenge is to expand the American electorate through the power of social media and pre-existing relationships within communities. Snacks, beverages, and voter registration information available during the event. *All are welcome!*

Una Conversación con Alexandra Lúgaro

Wednesday, February 26th ~ 7:30 – 9:00 PM

Alexandra Lúgaro, Puerto Rican lawyer, businesswoman and politician. visits Boston for an open dialogue regarding politics and the most important events that have happened in Puerto Rico in the past years.

Alexandra Lúgaro, la abogada y aspirante a la gobernación conversa sobre la política puertorriqueña y los sucesos más importantes de los últimos años. Ella aspira a la gobernación de Puerto Rico por el Movimiento Victoria Ciudadana, nos visita en Boston para un conservatorio gratuito y abierto al público.

Tocaremos temas de política puertorriqueña, sus opiniones y su visión, y hablaremos sobre los retos de la mujer líder en la política más allá de Puerto Rico. Free event, please RSVP.

Rumba Femme: A Salsa Celebration with 3Nity

Saturday, March 7th ~ 8:00 – 11:00 PM

¡Noche de Salsa! Come dance to your favorite salsa songs to celebrate International Women's Day!

3nity is the first Latin female band in Boston founded with the mission of redefining what it means to be female in the music industry while inspiring other artists who have been through gender-based injustices, immigration status, and discriminatory treatments. On International Women's Day, they come together to celebrate with a Salsa Night! All are welcome to dance and party. We'll have Caribbean food, drink, and merchandise for sale.



INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, FEBRUARY 23RD, 2020

If you are visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table in the Parish Hall.

TODAY



Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! Please visit the Arlington Street Cares Table (on your right as you enter the Parish Hall) to sign cards for those who have shared candles of sorrow and joy with us. We welcome additional volunteers to help with the Cares table, food preparation, and, clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen.



Arlington Street Circle of Caring

Today & Sunday, March 1st ~ 12:30 PM, Carol Smith Room

Are you battling illness, struggling with isolation, caring for someone who is sick or dying, or coping with grief after a loss? Please visit the Circle of Caring and join our community of support, peace, healing, and love. Facilitator, Maureen Peterson calls on her significant personal experience to create a safe space for sharing our stories and supporting one another through the crises of life.



Pledge Clinic

Today ~ 12:30 PM, Parish Hall

Do you have questions about your pledge? Or would you like to make one, pay one, change the way you're paying, make a stock donation, arrange to remember ASC in your will, or otherwise give lots of money to Arlington Street? Our beloved community thrives on all our gifts, but especially the ones that arrive automatically (and without fees) as ACH transfers from our bank accounts. It's easy to set up; let's make it happen! Stop by for a confidential conversation about your pledge with our treasurer, Liz Teixeira, and our executive minister, Rev. Beth, or pop in to say hello just because they're so awesome! *Thank you for your generosity!*



ASC Young Adults: Singing as a Spiritual Practice

Today ~ 12:45 PM, Helms Library

Bring your favorite songs and stories of how they are spiritually significant to you. Or just come to listen and sing along. *All are welcome!*



Meditation Retreat: Don't Just Do Something—Sit!

Today ~ 1:00 – 5:00 PM, Hunnewell Chapel

Rev. Kim and members of the Arlington Street Meditation Center invite you to an afternoon meditation retreat. We'll practice alternate sitting and walking meditations, interspersed with readings from the dharma (Buddhist teachings)—the same format as our twice-monthly gatherings, just a longer session.

SAVE THE DATE



Greater Boston Unitarian Universalist Singles Group St. Patrick's Day Potluck Dinner

Friday, March 13th ~ 6:30 – 8:30 PM, First Unitarian Universalist Society of Newton (FUUSN), 1326 Washington Street, West Newton

Join a group of UU singles from all over the Boston area for our second event, a potluck in anticipation of St. Patrick's Day! Enjoy good food (much of it doubtless green), good conversation, and good fun. Our first event, the Valentines' Day potluck, was great fun, so don't miss this one!

Please RSVP for the potluck here: <https://www.signupgenius.com/go/30e0c44a5a72ca4f85-stpatricks>, including what you'll be bringing in the comment section (though if we wind up with 12 pans of brownies, is that really a bad thing?). For information on this event send an email to gbuusingles@gmail.com.

Join our group email list on Google Groups by sending an email to gbuusingles@gmail.com. The list is the best way to hear all of the events that we are thinking about, including the spontaneous "anybody want to go for a hike on Sunday afternoon?" type. In addition to potlucks, some of the events that people have discussed doing in the group are book clubs, cooking demonstrations, dancing, discussion groups, and community service projects. Do you have other ideas for this group? We'd love to have your energy and enthusiasm, so join us! Anyone who is single and 21+ is welcome.



New Member Class

Sunday, March 15th, Meet ASC ~ 12:30 PM, Perkins Room

Wednesday, March 25th, Meet Rev. Kim ~ 6:00 PM, Perkins Room

Sunday, March 29th, New Member Breakfast/Joining, 9:30 AM, Hunnewell Chapel

All interested newcomers are warmly invited to our next two-session new member class. In our first session, we learn a little of Arlington Street's history, polity, and practices; and meet some of our illustrious leadership and staff. In our second session, Rev. Kim joins us for a class where we share stories about our spiritual journeys and ask our burning questions. These classes are a wonderful opportunity to deepen your relationship and knowledge of Arlington Street, and to discern whether you are ready to join. Please sign up at the Welcome Table in the parish hall after the service. *All are welcome!*



Feed 10,000 in Two Hours

Sunday, March 22nd ~ 1:00 PM, Parish Hall

Save the date for Arlington Street's 7th annual meal packaging event with Rise Against Hunger! Bring family, friends, neighbors, and coworkers—from three to 103 years old!—to transform the Parish Hall into a lively and fun assembly line. Join in the life-saving service of packaging 10,000 highly-nutritious, dehydrated meals to be shipped across the globe to hungry people in dire circumstances. Participating in this event is a truly rewarding experience! *All are welcome!*



Intersectional Book Discussion

Monday, March 23rd ~ 5:30 PM, Frothingham Library

Join Rev. Kim for the fifteenth in our series of occasional discussions about books with intersectional themes. For this gathering, we'll be reading bell hooks' *Ain't I a Woman: Black Women and Feminism*. All are welcome!

*We invite you to cut out this calendar or
view the full calendar at ASCBoston.org*

This Week

Sunday, February 23, 2020

- *9:30 AM Music Rehearsal ~ Sanctuary
- 11:00 AM Sunday Worship ~ Sanctuary
- 12:00 PM Family Ministry ~ Perkins Room
- 12:30 PM Arlington Street Circle of Caring ~ Carol Smith Room
- 12:30 PM Pledge Clinic ~ Parish Hall
- 12:45 PM Young Adults: Singing as a Spiritual Practice ~ Alan Helms Library
- *1:00 PM OWL ~ Clarke Room
- 1:00 PM *Spiritual Passion: Meditation Retreat* ~ Hunnewell Chapel

Monday, February 24, 2020

- 6:30 PM Membership Team Meeting ~ Frothingham Library

Tuesday, February 25, 2020

- 6:00 PM Buddha's Belly ~ Frothingham Library
- 7:00 PM Arlington Street Meditation Center ~ Hunnewell Chapel

Wednesday, February 26, 2020

- 3:00 PM The Wednesdays: Walt Whitman ~ The Vendome, 160 Commonwealth Ave. (tell doorman you're there to see Professor Helms)
- 6:00 PM Kundalini Yoga ~ Hunnewell Chapel

Thursday, February 27, 2020

- 7:00 PM Choir Practice ~ Clarke Room

Friday, February 28, 2020

- 5:00 PM Friday Night Supper Program ~ Parish Hall

Saturday, February 29, 2020

No congregational events are scheduled.

Sunday, March 1, 2020

- *9:30 AM Choir Rehearsal ~ Sanctuary
- 11:00 AM Sunday Worship ~ Sanctuary
- 12:00 PM Family Ministry ~ Perkins Room
- 12:15 PM Nominating Committee ~ Alan Helms Library
- 12:30 PM Indulge Meeting ~ Church Office
- 12:30 PM Arlington Street Circle of Caring ~ Carol Smith Room
- *1:00 PM OWL ~ Clarke Room

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



ARLINGTON
STREET CHURCH
Unitarian Universalist

Whether you're experienced in meditation or interested in a full-immersion introduction, welcome! Wear loose, comfortable clothing, walking shoes, and appropriate outerwear (if you'd like to walk in the Public Garden). Zafus and zabutons (pillows and cushions) as well as chairs are provided. Come for the beginning and stay as long as you like. At 5:00, we'll celebrate by enjoying an early dinner together at a Thai restaurant nearby (BYO\$)!

THIS WEEK

Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Meditation Center

Tuesday, February 25^h ~ 6:00 PM, Frothingham Library

Buddha's Belly and Arlington Street Meditation Center

(feel free to come to one or both) meet every 2nd and 4th Tuesday.

6:00 *Buddha's Belly*: Our Buddhist book group will continue discussing Pema Chödrön's *Welcoming the Unwelcome: Wholehearted Living in a Brokenhearted World*. Please read through Chapter 12, "Life Changes in an Instant." *All are welcome!*

7:00 *Arlington Street Meditation Center*: Our gathering includes seated and walking meditations, a brief reading from Buddhist teachings, and conversation. If you'd like to walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions (or none!) are warmly welcome.



The Wednesdays: Walt Whitman

Wednesdays, February 26th ~ 3:00 – 5:00 PM

The Vendome, 160 Commonwealth Ave. (tell the doorman you're there to see Professor Helms)

Join Professor Helms and Rev. Kim for a deep exploration of Whitman's Lincoln elegy, *When Lilacs Last in the Dooryard Bloomed*. You can find it on the web. *All are welcome!*



Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!



Matters of The Heart Art Exhibit

Saturdays through June ~ 12:00 – 5:00 PM, 25 Myrtle Street, Beacon Hill

There are still a few secrets to be found in one of the city's most beautiful and exclusive neighborhoods. Beacon Hill's *The Hidden Art Gallery* exhibits themed shows including the spiritual and landscape paintings of Patrick Anderson and our own Zoila (Zoe) Arguello! For more information, please visit thehiddenartgallery.com