 **Arlington Street Corporation Meeting**
Sunday, March 5th ~ 12:30 PM, Hunnewell Chapel (*Vote required)

1. Membership Update* (Doc Kinne)
2. Election of Delegates* (Nominating Committee)

General Assembly:

Dan Brotman Joanna Lubkin
Tina Rose Rich Abreu (TBD)
Peter Lowber (TBD) Art Nava (TBD)

UU Urban Ministry:


Jon Ellertson
Nancy Perna
George Whitehouse

3. Treasurer's Update (Art Nava)
4. Accessibility Ramp Update (Tina Rose)
5. Congregation Retreat (Rev. Kim, Tina Rose)
6. Q&A on Written Reports
7. Any Other Business

 **#BlackLivesMatter Book Discussion:**
Between the World and Me

Monday, March 6th ~ 5:30 PM, Frothingham Library

Join Rev. Kim for a discussion of American writer, journalist, and educator Ta-Nehisi Coates' award-winning book, *Between the World and Me* (2015). In a review for Slate, Jack Hamilton wrote that the book, "is a love letter written in a moral emergency, one that Coates exposes with the precision of an autopsy and the force of an exorcism." All are welcome!

 **Shaping Our Vision - A Retreat to Advance Our Future**
Saturday, March 11th ~ 8:30 AM – 3:30 PM
Emmanuel Church Parish Hall, 15 Newbury Street

Don't miss this opportunity to gather as a community, dream about our future, and create a collective vision for Arlington Street Church. This is an all ages workshop sponsored by the Prudential Committee and includes a light breakfast and lunch. Please visit tinyurl.com/zlog43y or scan the QR code for details and registration.

 **Feed 20,000 in Two Hours**
Sunday, March 26th ~ 1:00 PM, Parish Hall

Don't miss Arlington Street's 4th annual meal packaging event with Rise Against Hunger (formerly Stop Hunger Now). This year we will be joined by our neighbors from Emmanuel Church and Bethel Tabernacle Pentecostal Church for an all-ages assembly line! We will package 20,088 highly-nutritious, dehydrated meals that will be shipped across the globe to feed hungry people in dire circumstances.

Sign up now to join the assembly line and contribute to international hunger relief in this fun afternoon of hands-on service. Bring co-workers, friends, family, and neighbors of all ages! Donations are also welcome – a gift of \$29 covers the cost of 100 meals. Give \$100 and feed 345. To register for the event or make a contribution, please visit <http://events.stophungernow.org/ArlingtonSt2017>

Looking forward to seeing you on 3/26! Thank you for your support!

COVENANT RENEWAL PLEDGE FORM
July 2016 through June 2017

Name(s): _____

Address: _____

City: _____ State: _____ Zip: _____

I/We commit an **TOTAL ANNUAL PLEDGE** of \$ _____
to support the work of Arlington Street Church for 2016-2017.

Signature: _____ Date: _____

Phone: _____ Email: _____

Pledge contributions may be made by cash, check, or credit card.

Mastercard Visa

Credit Card #: _____

Expiration Date: mm _____ yy _____

Please charge my credit card in either:

- One payment for my entire pledge.
 Equal monthly installments on the 12th of each month.

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to **Comments@ASCBoston.org**. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to publications@ascboston.org. Laurinda O'Connor will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street, Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM Phone: 617-536-7050 • Fax: 617-536-2729
Email: Office@ASCBoston.org • Web: www.ASCBoston.org

INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, FEBRUARY 19TH, 2017

If you are visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table in the Parish Hall.

TODAY

  **Coffee Hour and Lunch**

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community. Additional volunteers are always welcome to help with food preparation and, especially, with clean-up. To learn more about joining our team, please stop by the kitchen.

 **Arlington Street Circle of Caring**

Today and Sundays, March 5th and 26th, April 9th and 23rd ~ 12:30 PM
Carol Smith Room

Are you battling illness, struggling with isolation, caring for someone who is sick or dying, or coping with grief after a loss? Please visit the Circle of Caring and join our community of support, peace, healing, and love. Facilitators Maureen Peterson and Lisa Kirk lend their significant personal and professional experience to create a safe space for sharing our stories and supporting one another through the crises of life.

 **Spiritual Passions 2017:**
The Spiritual Passion of Godless UUs

Today ~ 1:00 PM, Hunnewell Chapel

Come join this conversation on defining meaning, values, and impact in a non-theistic framework. All are welcome!

 **Refuge Recovery**

Every Sunday ~ 6:00 PM, Hunnewell Chapel

Refuge Recovery is a Buddhist path to recovering from addiction. All are welcome! For more information, please visit facebook.com/refugebackbay or email refugerecoverybackbay@gmail.com.

THIS WEEK

 **Happiness Hour**

Tuesday, February 21st ~ 6:30 PM, Hunnewell Chapel

This is Art of Living's internationally acclaimed seminar on innovative breathing techniques to reduce stress and heighten mental clarity. We will explore the mind-breath-body connection and how we can consciously use our breath to live in the present moment, break

continued on next page...

through barriers, manage emotions, realize our full potential, and live a happier life! The program includes techniques for relaxed breathing, guided meditation, and an introduction to the Art of Living Course and Sudarshan Kriya, the famous, powerful breathing technique. All are welcome!



Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!



New Member Class

Wednesday, February 22nd, Spiritual Journey ~ 6:00 PM, Perkins Room

Sunday, February 26th, Meet ASC ~ 12:30 PM, Perkins Room

Sunday, March 5th, Breakfast/Joining ~ 9:30 AM, Hunnewell Chapel

All interested newcomers are warmly invited to our next two-session new member class. Rev. Kim joins us for the first session, where we share stories about our spiritual journeys and ask our burning questions. This class is a wonderful opportunity to deepen your relationship and knowledge of Arlington Street, and to discern whether you are ready to join. In our second session, we learn a little of Arlington Street's history, polity, and practices; and meet some of our illustrious leadership and staff. Please sign up at the Welcome Table in the parish hall after the service. All are welcome!



The Art of Sabbath

Saturdays, February 25th, March 4th, 11th, and 18th ~ 4:00 PM, Perkins Room

Join Rev. Joanna Lubkin for the winter session of The Art of Sabbath, a four-session course on cultivating rest, delight, and spiritual nourishment in our lives. Sessions will take place in the Perkins Room (downstairs, accessible via stairs or a lift) on Saturday afternoons and will include a communal dinner. Sliding scale registration fee of \$25-50 for the four weeks. No one is turned away for lack of funds. Register at <http://tinyurl.com/artofsabbath>.



The Great Dictator

Saturday, February 25th ~ 6:00 PM, Hunnewell Chapel

Film screening and discussion of The Great Dictator with special guest, Charlie Chaplin (Christa Lamb). This 1940 American political satire is fitting for today's state of the world. Charlie Chaplin starred in, wrote, directed, produced, and scored this classic comedy drama. Co-sponsored by the Social Action Team. FB: Charlie Chaplin in New England

ANNOUNCEMENTS



The New Administration

Sunday, February 26th ~ 12:30 PM, Stage Right Room

What is troubling you? What can be done? All are invited to join in a discussion after the service. *Sponsored by the Social Action Committee.*

We invite you to cut out this calendar or view the full calendar at ASCBoston.org

This Week

Sunday, February 19, 2017

*9:30 AM Music Rehearsal ~ Sanctuary
 11:00 AM Sunday Morning Worship ~ Sanctuary
 11:15 AM Childcare | No formal CRE ~ Nursery | Sanctuary (box pew)
 12:00 PM Coffee Hour and Lunch ~ Parish Hall
 12:30 PM Arlington Street Circle of Caring ~ Carol Smith Room
 1:00 PM Spiritual Practice: Godless UUs ~ Hunnewell Chapel
 6:00 PM Refuge Recovery ~ Hunnewell Chapel

Presidents' Day Monday, February 20, 2017

Office is closed for the holiday.
 6:30 PM Shambhala Boston ~ Hunnewell Chapel

Tuesday, February 21, 2017

6:00 PM Prudential Committee ~ Perkins Room
 6:30 PM Happiness Hour ~ Hunnewell Chapel
 7:00 PM Transformation Team ~ Frothingham Library

Wednesday, February 22, 2017

*12:30 PM Staff Meeting ~ Perkins Room
 6:00 PM Kundalini Yoga ~ Hunnewell Chapel
 6:00 PM New Member Class: Spiritual Journeys ~ Perkins Room

Thursday, February 23, 2017

7:00 PM Choir Practice ~ Clarke Room

Friday, February 24, 2017

5:00 PM Friday Night Supper Program (FNSP) ~ Parish Hall

Saturday, February 25, 2017

4:00 PM Art of Sabbath ~ Perkins Room
 6:00 PM Film Screening: The Great Dictator ~ Hunnewell Chapel

Sunday, February 26, 2017

*9:30 AM Choir Rehearsal ~ Sanctuary
 11:00 AM Sunday Morning Worship ~ Sanctuary
 11:15 AM Children's Religious Education (CRE) - Nursery, Chapel, Perkins and Carol Smith Room
 12:00 PM Coffee Hour and Lunch ~ Parish Hall
 12:00 PM Getting Your Financial legacy In Order ~ Hunnewell Chapel
 12:30 PM The New Administration ~ Stage Right Room
 12:30 PM Indulge 2017 Planning Meeting ~ Carol Smith Room
 12:30 PM New Member Class: Meet ASC ~ Perkins Room
 6:00 PM Refuge Recovery ~ Hunnewell Chapel

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



ARLINGTON STREET CHURCH
 Unitarian Universalist



Indulge 2017 Planning Meeting

Sunday, February 26th ~ 12:30 PM, Carol Smith Room

Join the planning as we continue finalizing the details of the event and auction. Invite your friends via Facebook (<http://tinyurl.com/IndulgeApr1>) to this year's fundraising gala scheduled for Saturday, April 1st at 6:30 pm.



Spiritual Passions 2017:

Getting Your Financial Legacy In Order

Sunday, February 26th ~ 12:30 – 3:00 PM, Hunnewell Chapel

Do you have questions about setting up a will or a trust, health care proxy, or other estate planning options? Would you like to leave behind a gift to Arlington Street Church or another charitable organization? Members of the Covenant Renewal Team invite you to a presentation and question/answer session featuring attorney Scott Squillace. Young and old, penny-savers and millionaires, this is where you can find out what to do!



Buddha's Belly ~ The Buddhist Book Discussion and Arlington Street Zen Center

Tuesday, February 28th ~ 6:00 PM, Hunnewell Chapel

Buddha's Belly and Arlington Street Zen Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

6:00 *Buddha's Belly*: We will begin our discussion of *The Book of Joy* by His Holiness The Dalai Lama and Bishop Desmond Tutu. Please read through page 50.

7:00 *Arlington Street Zen Center*: Our gathering includes seated and walking meditations, a dharma talk, and conversation. If you'd like to join Rev. Kim and walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions are warmly welcome.



Creative and Organized? The Tiffany Team Needs You!

Help the Tiffany Window Team as we get prepared to welcome guests for sanctuary tours this spring. We are planning to offer a self-guided mobile tour that highlights the rich history of Arlington Street Church and the story of our majestic Tiffany windows. We are looking for a volunteer to coordinate collecting the necessary materials, including scripts, recordings, and pictures. Ideally, this volunteer will also be a part of configuring the tour with the aid of a consultant or an easy to learn platform. If the idea of this fun and creative project sparks your interest, please contact Art Nava at office@ascboston.org. Thank you!



Coming Together: Art and Music

First Friday of the month ~ 6:00 – 8:00 PM, JP Licks, 150 Charles Street

Check out the Hidden Art Gallery, run by our own Zoe Arguello (soprano in the Arlington Street Choir). At these monthly gatherings on the flats of Beacon Hill, local professional artists and musicians bring joy, harmony, and warmth to our community.

A portion of proceeds from the sales of paintings and CDs will support the documentary Everything Matters (everythingmattersfilm.com), which illustrates the healing aspects of meditation with life-threatening illness. For more information, please visit thehiddenartgallery.com. All are welcome!