

You are invited to the Arlington Street Church Connections Fair! All of the committees, teams, groups, and other organizations that serve and support our congregation are invited to participate. It's not a meeting; it's a party to speed-match your passions to your service!

The service begins when the service ends!



**Spiritual Passion:
Unitarian Universalist Association Common Read
An Indigenous People's History of the United States**

Sunday, April 19th ~ 12:45 PM, Hunnewell Chapel

Join Rev. Kim and the Transformation Team for Racial Justice for a discussion of this year's UU Common Read. Roxanne Dunbar-Ortiz's *An Indigenous Peoples' History of the United States* centers the story, experiences, and perspectives of Indigenous peoples. There's also *An Indigenous Peoples' History of the United States for Young People*, adapted from Dunbar-Ortiz by Jean Mendoza and Debbie Reese. We envision an intergenerational conversation; we hope everyone will read along and join in this important conversation! *All are welcome!*



**Delegates Needed for General Assembly Meeting
June 24th – 28th ~ Providence, RI**

Are you a voting member of the congregation planning to attend the Unitarian Universalist Association's General Assembly in Providence, RI (either in person or online)? If your answer is yes, would you consider serving our beloved spiritual community as a delegate? The Nominating Committee will be submitting the names of five delegates to represent our congregation at next month's corporation meeting. Please visit the Welcome Table after the service for more information. *Thank you!*



**UUA General Assembly ~ Register Now and Save!
June 24th – 28th ~ Providence, RI**

Experience all of the amazing opportunities to enhance your faith and connect with other Unitarian Universalists! General Assembly offers workshops, programs, and lectures customized and created for spiritual growth and development. You don't want to miss this incredible opportunity! Registration is now open at uua.org/ga/ registration. p.s. *Watch the video!* <https://vimeo.com/386281324>

ágora events

Ágora is the Latinx cultural center nested here at Arlington Street.

Elsa and Beba are featuring a host of celebrated artists and warmly welcome us to join in these ¡eventos fantásticos!

Unless otherwise noted, all Ágora events will be held in CROMA, the parish hall, with info and tickets available at [Facebook.com/culturalagora/events](https://www.facebook.com/culturalagora/events)

**50 Years of Toni Morrison's *The Bluest Eye*
Live Reading + Panel**

Saturday, February 22nd ~ 12:00 - 6:30 PM

Join us for a live reading of Toni Morrison's first novel, *The Bluest Eye*, with readers from many backgrounds coming together to give

life to Toni Morrison's beautiful creation. This is a free and open event with ongoing reading from noon to 5:00 pm. Feel free to come in and out or stay the entire time! RSVP!

Debate Watch Party and #FiveVoterChallenge

Tuesday, February 25th ~ 7:00 – 10:00 PM

Join us for a FREE live screening of the South Carolina Democratic debate and the kickoff of the #FiveVoterChallenge, a nonpartisan social media campaign aiming to increase voter registration through peer-to-peer check-ins. Let's get our communities registered to vote and to the polls! *The challenge is simple:* reach out to five friends to see if they are registered to vote at their current address, show off your outreach on social media, and tag five more friends to do the same. The goal of the #FiveVoterChallenge is to expand the American electorate through the power of social media and pre-existing relationships within communities. Snacks, beverages, and voter registration information available during the event. *All are welcome!*



INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, FEBRUARY 16TH, 2020

If you are visiting Arlington Street Church or would like information about Unitarian Universalism, please visit the Welcome Table in the Parish Hall.

TODAY



Coffee Hour and Lunch

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! Please visit the Arlington Street Cares Table (on your right as you enter the Parish Hall) to sign cards for those who have shared candles of sorrow and joy with us. We welcome additional volunteers to help with the Cares table, food preparation, and, clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen.



Indulge 2020 Planning Meeting

Today ~ 12:30 PM, Clarke Room

Join in as we plan decorations, menu, and auction details. Indulge 2020 is our eleventh annual fundraiser. Come be a part of helping make this fun night a reality! *And save the date: Saturday, March 28, 2020.*



Arlington Street Circle of Caring

Today & Sundays, Feb. 23rd & March 1st ~ 12:30 PM, Carol Smith Room

Are you battling illness, struggling with isolation, caring for someone who is sick or dying, or coping with grief after a loss? Please visit the Circle of Caring and join our community of support, peace, healing, and love. Facilitator, Maureen Peterson calls on her significant personal experience to create a safe space for sharing our stories and supporting one another through the crises of life.



**Spiritual Passion: Heart Speaks ~
An Expressive Arts Presentation**

Today ~ 1:00 – 3:00 PM, Hunnewell Chapel

Speaking the language of the heart through paintings, poetry and music, artist Kathleen Quigley will share her Heart Energy Transmissions. These heart transmissions will help each of us reconnect to our own heart language and the Universal Heart—the One. Please join Kathleen for this heart adventure expressing your heart's desires!

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THIS WEEK

The Wednesdays: Walt Whitman

Wednesdays, February 19th and 26th ~ 3:00 – 5:00 PM
The Vendome, 160 Commonwealth Ave. (tell the doorman you're there to see Professor Helms)

Join Professor Helms and Rev. Kim on wintry Wednesday afternoons for a deep exploration of four Whitman masterpieces: *Crossing Brooklyn Ferry* (2/5), *Out of the Cradle Endlessly Rocking* (2/12), *As I Ebbd with the Ocean of Life* (2/19), and the Lincoln elegy, *When Lilacs Last in the Dooryard Bloomed* (2/26). These poems are often overlooked because of the universal focus on “Song of Myself,” but in any accounting of Whitman’s accomplishment all four are essential reading. You can find all these poems on the web; we’ll discuss one per gathering. A special packet for February 19th is available in the bench seat behind the pulpit. *All are welcome!*

Kundalini Yoga Class

Every Wednesday ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

My Life in the Middle Ages

Saturday, February 22nd ~ 7:30 PM
Piano Craft Gallery, 793 Tremont Street, Boston

Writer, storyteller, and ASC choir member Judah Leblang presents a new version of his show, “It’s Now or Never: My Life in the Late Middle Ages,” recounting his adventures on turning 60 and sharing excerpts from his book, *Echoes of Jerry*, about life with his deaf uncle. Advance tickets are \$16 at <https://bpt.me/4492590>, \$20 at the door. For more info, call 617-466-9637 or go to <http://bit.ly/judahshow>. *All are welcome!*

SAVE THE DATE

Pledge Clinic

Sunday, February 23rd ~ 12:30 PM, Parish Hall

Do you have questions about your pledge? Or would you like to make one, pay one, change the way you’re paying, make a stock donation, arrange to remember ASC in your will, or otherwise give lots of money to Arlington Street? Our beloved community thrives on all our gifts, but especially the ones that arrive automatically (and without fees) as ACH transfers from our bank accounts. It’s easy to set up; let’s make it happen! Stop by for a confidential conversation about your pledge with our treasurer, Liz Teixeira, and our executive minister, Rev. Beth, or pop in to say hello just because they’re so awesome! *Thank you for your generosity!*

ASC Young Adults: Singing as a Spiritual Practice

Sunday, February 23rd ~ 12:45 PM, Helms Library

Bring your favorite songs and stories of how they are spiritually significant to you. Or just come to listen and sing along. *All are welcome!*

We invite you to cut out this calendar or view the full calendar at [ASCBoston.org](http://www.ASCBoston.org)

This Week

Sunday, February 16, 2020

*9:30 AM Choir Rehearsal ~ Sanctuary
11:00 AM Sunday Worship ~ Sanctuary
12:15 PM Nominating Committee ~ Alan Helms Library
12:30 PM Indulge Meeting ~ Clarke Room
12:30 PM Arlington Street Circle of Caring ~ Carol Smith Room
1:00 PM Spiritual Passion: Heart Speaks ~ Hunnewell Chapel

President’s Day, Monday, February 17, 2020

The church office is closed for the holiday.

Tuesday, February 18, 2020

5:00 PM Finance Committee ~ Carol Smith Room
6:00 PM Prudential Committee ~ Perkins Room
7:00 PM Transformation Team ~ Frothingham Library

Wednesday, February 19, 2020

3:00 PM The Wednesdays: Walt Whitman ~ The Vendome, 160 Commonwealth Ave. (tell doorman you’re there to see Professor Helms)
6:00 PM Kundalini Yoga ~ Hunnewell Chapel

Thursday, February 20, 2020

7:00 PM Choir Practice ~ Clarke Room

Friday, February 21, 2020

5:00 PM Friday Night Supper Program ~ Parish Hall

Saturday, February 22, 2020

5:00 PM Bluest Eyes Live Reading ~ Parish Hall

Sunday, February 23, 2020

*9:30 AM Choir Rehearsal ~ Sanctuary
11:00 AM Sunday Worship ~ Sanctuary
12:00 PM Family Ministry ~ Perkins Room
12:30 PM Arlington Street Circle of Caring ~ Carol Smith Room
12:30 PM Pledge Clinic ~ Parish Hall
12:45 PM Young Adults: Singing as a Spiritual Practice ~ Alan Helms Library
*1:00 PM OWL ~ Clarke Room
1:00 PM *Spiritual Passion: Meditation Retreat* ~ Hunnewell Chapel

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



Meditation Retreat: Don’t Just Do Something—Sit!

Sunday, February 23rd ~ 1:00 – 5:00 PM, Hunnewell Chapel

Rev. Kim and members of the Arlington Street Meditation Center invite you to an afternoon meditation retreat. We’ll practice alternate sitting and walking meditations, interspersed with readings from the dharma (Buddhist teachings)—the same format as our twice-monthly gatherings, just a longer session.

Whether you’re experienced in meditation or interested in a full-immersion introduction, welcome! Wear loose, comfortable clothing, walking shoes, and appropriate outerwear (if you’d like to walk in the Public Garden). Zafus and zabutons (pillows and cushions) as well as chairs are provided. Come for the beginning and stay as long as you like. At 5:00, we’ll celebrate by enjoying an early dinner together at a Thai restaurant nearby (BYO\$!).



Buddha’s Belly ~ The Buddhist Book Discussion and Arlington Street Meditation Center

Tuesday, February 25^h ~ 6:00 PM, Frothingham Library

Buddha’s Belly and Arlington Street Meditation Center (feel free to come to one or both) meet every 2nd and 4th Tuesday.

6:00 Buddha’s Belly: Our Buddhist book group will continue discussing Pema Chödrön’s *Welcoming the Unwelcome: Wholehearted Living in a Brokenhearted World*. Please read through Chapter 12, “Life Changes in an Instant.” *All are welcome!*

7:00 Arlington Street Meditation Center: Our gathering includes seated and walking meditations, a brief reading from Buddhist teachings, and conversation. If you’d like to walk in the Public Garden (optional!), please dress for the weather. Beginners and experienced meditators from all traditions (or none!) are warmly welcome.



Feed 10,000 in Two Hours

Sunday, March 22nd ~ 1:00 PM, Parish Hall

Save the date for Arlington Street’s 7th annual meal packaging event with Rise Against Hunger! Bring family, friends, neighbors, and coworkers—from three to 103 years old!—to transform the Parish Hall into a lively and fun assembly line. Join in the life-saving service of packaging 10,000 highly-nutritious, dehydrated meals to be shipped across the globe to hungry people in dire circumstances. Participating in this event is a truly rewarding experience! *All are welcome!*



Intersectional Book Discussion

Monday, March 23rd ~ 5:30 PM, Frothingham Library

Join Rev. Kim for the fifteenth in our series of occasional discussions about books with intersectional themes. For this gathering, we’ll be reading bell hooks’ *Ain’t I a Woman: Black Women and Feminism*. All are welcome!



Meet ASC Connections Fair

Sunday, April 5th ~ 12:30 PM, Parish Hall

“Love is the spirit of this congregation, and service is our gift.”

Let’s get excited to:

- Deepen our connections to Arlington Street Church
- Discover how each of us can further engage in the great work of this spiritual community
- Join a group to honor our covenant of service to the church