

Hope Out Loud | Act Out Loud

Today ~ 3:00 PM, UU Urban Ministry, 10 Putnam Street, Roxbury

In the spirit of Dr. King, join the UU Urban Ministry and Boston Mobilization for an afternoon of inspiration and justice! Rev. Victoria Weinstein will emcee the *Hope Out Loud* portion of the program featuring: The Boston Community Choir, The Radical Praise Choir from Union Methodist Church, Greater Victory Temple Youth Choir, the UU Urban Ministry & First Parish in Concord Children's Choir, and The Spiritual Life Dancers from Union Methodist Church.

Jay Kaufman, Lexington MA Representative, will host *Act Out Loud* where you can find out how the Youth of Massachusetts Organizing for a Reformed Economy is building relationships with other teens, and hear what justice looks like in our city and its suburbs, today!

There will be refreshments and family arts at 3:00 PM, and the program begins at 4:00 PM. All are welcome to this exciting afternoon!

Lucy Stone Cooperative Solidarity Supper

Monday, January 20th ~ 6:00 PM, 28 Moreland St. Roxbury MA 02119

Join us on Martin Luther King Day for a potluck dinner and a reading of King's "Letter from a Birmingham Jail." If you're able, bring a dish to share for dinner. In addition to reading King's words out loud, we wanted to support local workers that are continuing King's work. King was killed while supporting the organizing efforts of sanitation workers, who were demanding better work conditions. We'll be passing a hat for Cero, which is continuing King's work by creating a green waste management cooperative that takes care of the earth, while treating workers fairly and giving them a voice in the cooperative business they own. One of the founding members will be joining us to speak about their organizing.

The Seven Principles CD

Several years ago, a few members commissioned Mark David Buckles, Arlington Street Church's Director of Music, to set the Unitarian Universalist's Seven Principles to music. We have been enjoying this music during worship services ever since!

Now, a professionally recorded CD version of Mark's Seven Principles is available for \$15, with all profits going to the church. Purchase yours at the Welcome Table or through the church office. All CD checks can be made out to Arlington Street Church. Take some Arlington Street spirit with you to share with your friends and loved ones!

One Step, One Journey

With the new year, the worship team will be asking members to share a brief reflection on specific questions. Earlier this month we heard about Barb Seidl's spiritual practice of writing a daily "gratitude list". We also heard Liz Weber's view of "What is church for?" You can also read them from the ASCBoston.org home page! We hope that by focusing on a specific guiding question, each reflection will provide a deeper, more significant view of a moment or insight of our members' unfolding spiritual journeys. If you are interested in participating, please contact office@ascboston.org.

COVENANT RENEWAL PLEDGE FORM July 2013 through June 2014

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

I/We commit an annual total pledge of \$ _____ to support the work of Arlington Street Church.

Signature: _____ Date: _____

Signature: _____ Date: _____

Phone: _____ Email: _____

Pledge contributions may be made by cash, check, or credit card.

- If you are paying with cash via the Sunday collection, please mark the envelope with your name(s) and "2014 Pledge Payment".
- Checks should be made payable to Arlington Street Church with "2014 Pledge Payment" written on the check memo line.
- If you wish to pay by credit card, please complete the following:

Accepted: Mastercard Visa

Credit Card #: _____

Expiration Date: mm _____ yy _____ Zip Code: _____

Please charge my credit card in either:

- One payment for my entire pledge
- Equal monthly installments on the 10th of each month

SUGGESTION BOX

The staff and leadership of Arlington Street Church welcome your ideas, comments, and suggestions. If you have a thought to share about what works well or what could be improved, please send a message to Comments@ASCBoston.org. The Church's administrative assistant will pass your message on to the appropriate people. Please speak your "truths in love" and include your name and contact information so we can follow up. Thanks!

SCHEDULING EVENTS AT ARLINGTON STREET CHURCH

All issues dealing with building usage, (both congregational use and rentals), must be coordinated by Jeffrey Bouchard, Administrative Assistant and Facilities Manager. Jeffrey is able to help you Monday – Friday, 8:00 AM – 3:00 PM. He can be reached by phone at 617.536.7050 ext. 14 or by e-mail at JBouchard@ASCBoston.org.

INSIDE SUBMISSION GUIDELINES

Please email all Sunday "Inside" announcements **before Tuesday noon** to print@ascboston.org. Phyllis Guiliano (Business Administrator) will receive your email and will compile the announcements for publication. Materials should be legible, signed, and fully composed. Space is limited, so some editing may be necessary. Please note that we only publish submissions related to Arlington Street events or the wider Unitarian Universalist community.

OUR CARING COMMUNITY—EMERGENCIES

In the event of a disruption or major transition in the life of an Arlington Street member, please inform the church office, 617.536.7050. Our staff and ministers will be in touch to lend support.

SECURITY NOTE

This is an urban church. Please do not leave your valuables unattended!

Arlington Street Church, *Unitarian Universalist*
351 Boylston Street
Boston, Massachusetts 02116-3303

Office Hours: Monday – Friday, 9:00 AM to 5:00 PM
Phone: 617-536-7050 • Fax: 617-536-7051

E-mail: office@ASCBoston.org • Web: www.ASCBoston.org

INSIDE

ARLINGTON STREET CHURCH

NEWS FROM THE SOUL OF SUNDAY

SUNDAY, JANUARY 19TH, 2014

TODAY

Coffee Hour

Today ~ Immediately following worship, Parish Hall

Let's all gather downstairs for coffee, soup, sandwiches, and community! If you're visiting Arlington Street Church, or would like information about Unitarian Universalism, please visit the Welcome Table.

We welcome additional volunteers to help with food preparation and, especially, with clean-up. To volunteer, and for more information about joining our team, please stop by the kitchen today, or contact Jon Ellertson at office@ascboston.org.

Arlington Street's Humanist Group

Today ~ 12:30 PM, Clarke Room

Humanism is a philosophy that rejects all supernaturalism and relies primarily upon reason, science, democracy, and human compassion to lead an ethical, good, and fulfilling life. Historically, Unitarian Universalists have been among the philosophy's staunchest supporters and advocates.

At today's meeting, the new Arlington Street Humanists group will discuss future plans for Darwin Day and GA, among other things. Experience is not required. Any questions can be forwarded to Doc Kinne through the church office at office@ascboston.org.

Spiritual Passions 2014!

Anti-Racism, Multicultural Workshop

Today ~ 12:30-2:00 PM, Hunnewell Chapel

This workshop will continue to explore issues relating to race, ethnicity, and cultural identity, both individually and institutionally. There will be stories of "marginality" and "mattering" from Unitarian Universalists around the country, and the concept of privilege will be introduced and explored. There will also be an opportunity to continue discussion of the "continuum" on becoming an anti-racist, multicultural institution. This endeavor is supported by the Prudential Committee (our governing board), and involves the whole congregation; all are welcome and encouraged to attend. The workshop is sponsored by Arlington Street's "Building the World We Dream" team.

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THIS WEEK

Kundalini Yoga Class

Wednesday, January 22nd ~ 6:00 PM, Hunnewell Chapel

Experience fun exercises and poses, breathing techniques, chanting, meditation, and deep relaxation in this unique class. Moving energy through your body brings positive change and growth. There is a \$10 charge that goes to the church. First class is free!

The Wednesdays: Arlington Street's Literary Salon Robert Frost's Winter Poems

Wednesday, January 22nd ~ 6:00 PM, Frothingham Library

Join Prof. Alan and Rev. Kim for a cozy evening of winter poems by Robert Frost. Here are a dozen that will warm your heart, money-back guarantee! Printed copies of the poems will be available, but if you'd like a head start, the poems are as follows (in chronological order):

Reluctance	The Onset
The Wood Pile	On a Tree Fallen Across the Road
An Old Man's Winter Night	Our Singing Strength
Birches	A Winter Eden
Dust of Snow	Desert Places
The Runaway	
Stopping by Woods on a Snowy Evening	

Climb in your sleigh and come join us! All are welcome!

Mid-Winter Potluck

Saturday, January 25th ~ 5:30-8:00 PM, Parish Hall

Everyone is welcome to the Arlington Street Mid-Winter Potluck! The fall potluck was great fun: families, friends, couples, singles, young and old. Bring a dish, help setup, or clean up. Gather at 5:30. Dinner at 6:00 following a welcome from Rev. Kim. After dinner, it's dessert and games! We've had a great early response, we hope to hear from you too. We are looking forward to a wonderful evening together!

You can sign up at the Welcome Table on Sunday, or fill out the brief survey online at <http://bit.ly/ASCpotluck>, or chat with Charles Howes or Shane McBride.

SAVE THE DATE

BTWWD—Talk About It Over Lunch!

Sunday, January 26th ~ Noon, Parish Hall Stage

The Building the World We Dream (BTWWD) team invites you to a lunchtime discussion after the service. This will be an informal setting to talk about the issues of racism and multiculturalism that have been raised at workshops and Corporation meetings, including the workshop on January 19th. Please look for a table on the stage and come to say hello and share your thoughts. The BTWWD endeavor is supported by the Prudential Committee (our governing board), and involves the whole congregation. All are welcome and encouraged to come.

We invite you to cut out this calendar and keep it handy or view the full calendar at ASCBoston.org

This Week

Sunday, January 19, 2013

9:30 AM	Choir Practice ~ Sanctuary
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Perkins Room
12:00 PM	Coffee & Lunch Hour ~ Parish Hall
*12:30 PM	January Retreat Planning Meeting ~ Stage Right Room
12:30 PM	Arlington Street's Humanist Group ~ Clarke Room
12:30 PM	Anti-racism, Multicultural Workshop ~ Hunnewell Chapel

Monday, January 20, 2013

*10:00 AM	Connections Group ~ Perkins Room
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Tuesday, January 21, 2013

6:00 PM	Prudential Committee ~ Perkins Room
*6:30 PM	Connections Group ~ Hunnewell Chapel

Wednesday, January 22, 2013

*12:30 PM	Staff Meeting ~ Perkins Room
6:00 PM	Kundalini Yoga ~ Hunnewell Chapel
6:00 PM	The Wednesdays: Winter Poems ~ Frothingham Library
*6:30 PM	BTWWD Workshop ~ Perkins Room
7:00 PM	Veterans for Peace Meeting ~ Clarke Room

Thursday, January 23, 2013

7:00 PM	Choir Practice ~ Clarke Room
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Friday, January 24, 2013

5:00 PM	Friday Night Supper ~ Parish Hall
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Saturday, January 25, 2013

4:00 PM	Middle/High School Youth Group ~ Perkins Room
5:30 PM	Midwinter Potluck ~ Parish Hall

Sunday, January 26, 2013

9:15 AM	CRE Committee Meeting ~ Perkins Room
9:30 AM	Choir Practice ~ Sanctuary
11:00 AM	Sunday Morning Worship ~ Sanctuary
11:15 AM	Children's Religious Education ~ Perkins Room
12:00 PM	Coffee & Lunch Hour ~ Parish Hall
12:00 PM	Coming of Age Group ~ Frothingham Library
12:30 PM	Book Discussion with Author Christa Lamb ~ Smith Room
12:30 PM	Arlington Street Church History, Part 2 ~ Hunnewell Chapel
1:00 PM	Highly Sensitive People Support Group ~ Stage Right Room

* Denotes closed meetings. This calendar is accurate as of noon the Tuesday before publication and only includes events directly related to the congregation.

For additional listings, please visit www.ASCBoston.org



ARLINGTON
STREET CHURCH
Unitarian Universalist

Spiritual Passions 2014!

Arlington Street Church History in the 19th Century

Sunday, January 26th ~ 12:30-2:00 PM, Hunnewell Chapel

Holly Hendricks, Arlington Street Church historian, presents the second of a 3-part multimedia series on the church's history and its role in the larger community. Today's second session is about the 19th century history and addresses:

- Why did Rev. William Ellery Channing decline larger, more affluent congregations and choose to serve us from 1803-1842?
- How is our congregation associated with establishing Unitarianism in America?
- During the anti-slavery controversy, who were the "lords of the loom" accused of alliances with "lords of the lash?"
- Why did the congregation move from its historic Federal Street location to Arlington Street?
- What was the "pew controversy?" What other social justice projects were undertaken?

Book Discussion with Author Christa Lamb

Sunday, January 26th ~ 12:30 PM, Carol Smith Room

Join a discussion of the book *In the Beginning, the Journey of Awakening into the Awareness of Universal Truth* with author Christa Lamb. She writes, "We are all rooted in eternal love and this love is of one source." Come with an open mind and heart as we discuss our Christian roots from a religiously inclusive Unitarian Universalists perspective. Books will be made available to buy or borrow for the discussion.

Are You a Highly Sensitive Person

Sunday, January 26th ~ 1:00 PM, Stage Right Room

Have you ever been told "You're too sensitive"? Do you wonder why you sometimes get overwhelmed by everything going on around you? Do you "sense" other people's feelings before they express them? Then you might be one of the 20% of the population that is wired as a Highly Sensitive Person. Join our facilitator, Michael Parise, Life & Spirit Coach, and explore this wonderful and challenging gift with like-minded people. Receive the support you deserve! We will be meeting on the last Sunday of every month for 45 minutes.

ANNOUNCEMENTS

Save the Date and Indulge Yourself!

Saturday, March 1st ~ 6:30 PM, Arlington Street Church

Be there when Broadway comes to Arlington Street! It's our 5th annual fundraising gala to benefit our spiritual community. Guests will be treated to a stellar evening of live music, wonderful food, and silent and live auctions. We'd love you to be there, so save the date!

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